

BACP Workplace News

Work and Wellbeing Conference - 28th April 2010

Header

Sponsored by SAGE and Unilever PLC, a major day conference for employers, operations managers, HR professionals and the academic community on current issues in work and wellbeing, viewed over the course of the traditional working life, from both employer and employee perspectives.

Good health enables human flourishing and fulfilment. Given the amount of time spent at work, the workplace is central to physical and psychological health, as well as life satisfaction. As the costs of ill health continue to rise, workplace health has become an issue that employers can no longer afford to ignore.

This conference brings together all the latest thinking on current issues in work and wellbeing, from both academic and practitioner perspectives.

[View the full programme](#)

BOOK NOW

Rates: £195 (£125 for Academy members)

Visit www.acss.org.uk for further information, to download a booking form, or to book online.

BACP Workplace CONFERENCE SURVEY

Dear BACP Workplace Member, BACP Workplace have held successful conferences for a number of years and we strive to deliver events that are accessible and relevant to as many members as possible. In an effort to better understand what the membership want from the conference we invite you to complete the attached survey. The primary aim of the survey is to gather feedback from a broad base of members and identify areas of potential improvement and development for 2009 and future BACP Workplace conferences.

The survey can be completed on-line and should take no more than 5-10 minutes to complete.

To be connected to the survey please [CLICK HERE](#)

The Events Team and BACP Workplace Executive Committee will appreciate and value all feedback received.

Richard Smith

Event Development Officer

BACP Workplace launches free resource for employers

"Many of the sickness absence surveys are now suggesting that work-related stress and mental health are the leading cause of long term lost working days, as well as a major source of invalidity claims at work. There is mounting evidence that counselling at work can provide the social support that many need when they are not coping with the excessive pressures. We hope that these guidelines will make a difference and help 'the many' who suffer silently."

Professor Cary Cooper, CBE, Professor of Organisational Psychology and Health at Lancaster University and President of BACP

According to World Health Organisation estimates, at least three employees in ten suffer from mental health problems¹- ranging from short-term depression to more chronic conditions. The leading employers quoted above have long known that providing staff with access to counselling services is part of the answer. But did you know that workplace counselling is not only effective it is cost effective? These guidelines feature detailed case studies proving that counselling provision can save money for business:

¹World Health Organisation (2000)

The guidelines are being supported by The Health and Safety Executive (HSE), The British Occupational Research Organisation (BOHRF), The Commercial Occupational Health Providers Association (COPHA) and the Employee Assistance Professionals Association (EAPA).

To download a copy of 'Guidelines for counselling in the workplace'[CLICK HERE](#)

To print as A4 pages, choose print and select 'Page Scaling: Fit to printer margins' and tick 'Auto-Rotate and Center'.