

# Session overview - Friday 9 October

# Friday

Please choose one session from each time slot. If the session you choose requires pre-booking please detail it on the booking form.

## 11:30–13:00

**A1** Towards a regulated profession  
**Guest speakers:** Sally Aldridge, Michael Guthrie & Stuart Griffiths

**A2** Using formal outcome to construct, guide and improve treatment  
**Guest speaker:** Scott Miller

**A3** Mindfulness workshop  
**Workshop:** Michael Chaskalson

Pre-booking required

**A4** Accreditation application surgery  
**Workshop:** BACP Accreditation team

Pre-booking required

**A5** Making sense of self: counselling people with dementia  
**Workshop:** Danuta Lipinska

Pre-booking required

**A6** Borderline personality disorder: a helpful diagnosis?  
**Seminar:** Gillian Proctor

Pre-booking required

## 14:00–15:00

**B1** An insider's view of the theory, research, practice and 'profession' of coaching  
**Guest speaker:** Stephen Palmer

**B2** Supershrinks: learning from the field's most effective practitioners  
**Guest speaker:** Scott Miller

**B3** The secrets of effective and low cost online and offline marketing for counsellors and therapists  
**Guest speaker:** Martin Hogg

**B4** What is BACP doing for you, its members?  
**Discussion with members of the BACP Board of Governors and senior staff team**

**B5** Treating veterans with PTSD and mental health illness  
**Seminar:** Walter Busuttill

Pre-booking required

**B6** Developing counselling as an empirically supported therapy  
**Seminar:** Mick Cooper & Karen Cromarty

Pre-booking required

## 15:10–16:10

**C1** Client narratives or legal narratives? Record-keeping & the law  
**Guest speaker:** Peter Jenkins

**C2** Understanding and working with clients that have ME/CFS – a guide for counsellors  
**Guest speakers:** Tony Ward & Charles Shepherd

**C3** How was it for you? Psychoanalysis and the sexual odyssey  
**Guest speaker:** Christopher Clulow

**C4** Developing self-care: small steps beyond 'ticking boxes'  
**Workshop:** Linda Dubrow-Marshall

Pre-booking required

**C5** The body in counselling & psychotherapy: a workshop and discussion of current research about body awareness and touch  
**Workshop:** David Tune

Pre-booking required

**C6** Therapists managing sexual feelings in therapy  
**Seminar:** Carol Martin & Mary Godfrey

Pre-booking required

# Session overview - Saturday 10 October

# Saturday

Please choose one session from each time slot. If the session you choose requires pre-booking please detail it on the booking form.

## 11:30–13:00

**D1** Towards a regulated profession  
**Guest speakers:** Sally Aldridge, Michael Guthrie & Stuart Griffiths

**D2** Safeguarding clients, improving practice: what practitioners can learn from research into complaints and malpractice  
**Guest speaker:** Clare Symons

**D3** How family systems play out in the group setting  
**Workshop:** Sue Sutcliffe & Kay Dowd

**D4** Spirituality in ethical practice – does it matter?  
**Workshop:** John Eatock & Chris Jenkins

**D5** Tight ropes & safety nets: counselling suicidal clients  
**Workshop:** Andrew Reeves

**D6** Making the case for service provision (NHS funded)  
**Seminar:** Louise Robinson & Heather Hurford

## 14:00–15:00

**E1** Interpersonal psychotherapy: a pragmatic short term psychotherapy model  
**Guest speaker:** Matthias Schwannauer

**E2** Client attraction toolbox  
**Guest speaker:** Clare Jones

**E3** Your Board of Governors – how does it work?  
**Simulated board meeting with members of the BACP Board of Governors**

**E4** Creative thinking and practice in counselling & psychotherapy supervision  
**Workshop:** Greg Nolan

**E5** Voluntary counsellors today  
**Seminar:** panel chaired by Val Potter

**E6** Otherwise ordinary clients; exemplary and destructive practices with trans-identified & trans-historied clients  
**Seminar:** Tina Livingstone

## 15:10–16:10

**F1** Supervision under the spotlight  
**Guest speakers:** Christina Docchar & Sue Wheeler

**F2** A sustainable future for counselling  
**Guest speaker:** John McLeod

**F3** Introduction to Lifespan Integration  
**Guest speaker:** Nuria Gené-Cos

**F4** The challenge of online counselling: what place does it have within the counselling profession?  
**Workshop:** Terry Hanley

**F5** What is counselling worth?  
**Workshop:** Steve Seaton & Joyce Wellings

**F6** Prevention or cure? Alternative potential emotional outcomes of being diagnosed dyslexic  
**Seminar:** Bob Burden