
EDITORIAL

A warm welcome to the new design of the *HEALTHCARE Counselling and Psychotherapy Journal*. Among the pages, you'll also find some changes to the content, with the introduction of new regular features. We're delighted that two new columnists will be joining Dr John Hague in writing for the journal: Michael Lilley, chief executive of the mental health provider, My Time, will be updating us on developments in healthcare in the Third Sector, and primary care counsellor Richard Mason will be providing an insight into his working life as a practitioner working within IAPT services.

The aim of the journal is to provide a useful and interactive resource for practitioners working in healthcare and, as such, we want to feature as much that's for, and about, counsellors and psychotherapists as possible. To this end, you'll find a new feature on the back page detailing the working life of practitioners – thanks to Cornelia Dobb for being our first featured counsellor. Elsewhere, the book reviews section has been renamed Resources and, as its title suggests, aims to provide you with information, including book reviews, guidance, and web resources, to help you in your working life.

The main body of the journal remains made up of features of interest and use to counsellors and psychotherapists in healthcare. Written specifically with primary care practitioners in mind, Jayne Joy's article on eating disorders aims to inform and update – how can you recognise when a client has an eating disorder? When should you refer on? The subject of complexity in primary care is continued by John Hague, who asks if there's more that can be done to help clients with complex problems in primary care.

Our best practice feature this issue focuses on the setting up of a pilot mental health service for military veterans, considered one of the highest risk occupational groups for exposure to traumatic and adverse events. As such, veterans are a priority group for services offering psychological therapy, and Neil J Kitchiner's article will be a valuable aid for both practitioners and service managers who are working towards implementing best practice in this area.

At the end of April, the BACP Healthcare executive and staff look forward to seeing you at the division's one-day event, *Healthcare in transition: strengthening our professional identity*. The aim of the day, comprising a combination of keynote speakers, panel debates and workshops, is to inform members of policy updates and developments, and to consider the future – how can we define our roles and evolve as a profession? Along with our Deputy Chair, Zubeida Ali, I will be facilitating a workshop during the day which is designed for healthcare practitioners to share the issues impacting on their practice and find a way forward. For booking information, see our inside back cover page.

As ever, we'd welcome your feedback about the new design of the journal and any of the features within it – you'll find contact details at the end of each article. I look forward to hearing from you.



Sarah Hovington, Editor
 hcpj.editorial@bacp.co.uk