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FROM THE EDITOR

Earlier this year, I was among the delegates at two BACP Practitioners' Conferences in Leeds and London. The events were hosted by four of BACP's specialist divisions, including BACP Healthcare, and enabled practitioners to cut across divisional boundaries and experience a range of perspectives (our partners were BACP Workplace, BACP Coaching, and BACP Spirituality).

Those of us attending the opening guest lecture in the BACP Healthcare strand were lucky enough to hear Martin Seager speak. Martin is a clinician, lecturer, broadcaster, campaigner and activist on mental health issues, and, in his persuasive address (to a packed house in both venues), he outlined his vision of 'good science' – where the mind is not split from the body or reduced to it – and of the need to move away from treating mental health conditions in a medicalised way to meeting the needs of the human condition. Martin's article, based on that lecture, is our lead feature this issue, serving both as a reference for those of you who were at the conferences, and an introduction to Martin's campaigning for those of you who weren't able to attend.

