



Also in this issue, Chris Athanasiadis reflects on the adverse effects of theorising about client issues. The author uses a case example from his own therapeutic work to show the ways in which unconscious 'prejudices' may interfere with helping the client.

Many thanks to all the contributors this issue for their excellent work; please do contact me if you would like to write for us. Our authors also welcome your views on their articles, and I welcome any feedback you might have about the journal as a whole.

REFERENCE

¹ NHS Education for Scotland. *The Matrix 2011. Mental Health in Scotland. A guide to delivering evidence-based psychological therapies in Scotland.* Edinburgh: NHS Education for Scotland; 2011.



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CONTENTS

FEATURES

THE NHS IN 2015: STILL A SCARY POSSIBILITY TO COME	08
<i>Gillian Proctor</i> reflects on the accuracy of her 2002 predictions about the future of the health service	
THERAPIST PREJUDICES AND HOW TO OVERCOME THEM	17
<i>Chris Athanasiadis</i> uses the systemic concept of 'prejudice' to illustrate the adverse effects of inflexibility in theorising about client issues	
UNIQUE JOURNEYS	20
<i>Sue Shortt's</i> study explored the impact of breast cancer on sexuality among young, single women	
CONNECTING IN SCOTLAND	25
<i>Satinder Panesar</i> reports on her work for the BACP Healthcare division in setting up counsellor networks	

REGULARS

FROM THE EDITOR	02
NEWS AND RESEARCH	04
CHAIR'S REPORT - BACP HEALTHCARE: <i>Zubeida Ali</i>	06
HEALTHCARE UPDATE: <i>Judy Stafford</i>	07
COUNSELLING IN PRIMARY CARE: <i>Richard Mason</i>	27
THIRD SECTOR PERSPECTIVE: <i>Michael Lilley</i>	28
REVIEWS	29
BACP HEALTHCARE ROUND-UP	31