

The *HEALTHCARE Counselling and Psychotherapy Journal* is the quarterly journal for counsellors and psychotherapists working in healthcare.

It is published by the British Association for Counselling and Psychotherapy (BACP): BACP House, 15 St John's Business Park, Lutterworth LE17 4HB
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The journal is sent free to members of BACP Healthcare in January, April, July and October. Membership of BACP Healthcare costs £30 a year for individuals and £50 a year for organisations. For membership enquiries, please email healthcare@bacp.co.uk

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Design

Steers McGillan Eves Design
T 01225 465546

Print

Newnorth Print Ltd

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ISSN 1475-0724

FROM THE EDITOR

As counsellors and psychotherapists providing therapy to clients in NHS-funded services, we work in an ever-changing arena. Over the last few years in England, for example, there has been the implementation of IAPT and evidence-based practice as recommended by NICE, as well as the introduction of GP-led Clinical Commissioning Groups (CCGs); and in Scotland, The Matrix1 now guides psychological therapy provision.

Back in 2002, Gillian Proctor wrote an article for this journal in which she imagined it was 2015 and she was tracing the history of the NHS from 1985 to 2015. We are delighted that Gillian has updated her article for us, reflecting on the extent to which her predictions from 13 years ago were accurate, and predicting again the possible changes to come. We also publish an extract from Gillian's original article, so you can compare for yourself how far she was able to forecast the future.

Whatever the changes in our work settings, our therapy with clients continues. Sue Shortt's article details her study which explored the impact of breast cancer on sexuality. Inspired both by Sue's personal experience and her volunteer experience with Breast Cancer Care (BCC), the research focused on young, single women. In writing, Sue's hope is that the article will add to counsellors' understanding of some of the issues affecting this under-researched client group.

