We are delighted to share news of the programme titles for the Research Conference in May.

Please note, all titles below remain in draft format and may be subject to change until the programme is finalised and posted here.

Papers:
An exploratory study of perceptions of counselling among Scottish Gypsy/Traveller women


Understanding children’s experiences of a domestic violence group intervention: A narrative inquiry.

How therapists make sense of pluralistic approaches to therapy: a qualitative interview study.

Healing the self by growing the social: reaching out to enhance the wellbeing of international students.

“See through the crack in my world”: Using autoethnography to bridge research, practice and personal development.

Mitigating Factors in Counselors’ Assessment and Treatment of Client Issues Related to Pornography Use.

Empathy, Objectification, Relationships, and the Influence of Online Dating.

A qualitative exploration of clients’ dissatisfaction leading to the premature termination of counselling and psychotherapy in England.

‘Looking through a lens of Terribleness’, A Thematic Analysis of the Experience of Practitioners working in the field of Domestic Violence.

When the personal and the professional collide: reflections on the impact of traumatic bereavement on therapists’ professional development and practice.

Evaluation of avatar based counselling for young people.

Therapists’ reflections on the topic of sex and sexuality within counselling and psychotherapy training and practice.

Caring as coping: The role of altruism in bereavement outcomes of a diverse sample of grievers.

Mind the gap: an exploration of knowledge transfer of complicated grief (CG) research among mental health professionals.

I am more than my face: A study into the experiences of therapists with a visible facial difference in training and practise.
Bridging the Gap between the Autistic, the Therapist and the Theoretical Perspective of Autism; An Intersubjective Analysis within a Co-Constructivist Grounded Theory.

How might an individual experience the impact of a mixed cultural heritage?

Using the Personal Questionnaire to Identify Key Client Problem Presentations in a Practice-Based Research Protocol.

A heuristic inquiry into the experience of loneliness: access to greater self-knowledge as well as reflective-practice.

A Multiple case-study using sand-tray in short-term therapy from a pluralistic perspective.

An investigation into the service user experience at the Veterans Outreach Service.

Transitioning with a Mental Health Disorder.

“We’re here, we’re queer, we don’t drink beer”: The intersections of gender, sexuality, race/ethnicity, religiosity and non-heterosexual British South Asian women and the implications for mental health care.

The Trust is the work: Exploring how school counsellors maintain alliances with young people when sharing information because of safeguarding concerns. A Phronetic Case Study.

How does the meaning we make from language impact on the establishing and maintaining of the therapeutic relationship?

Experiences of continued presence: On the practical consequences of ‘hallucinations’ in bereavement.

The meaning and impact of supervision for experienced counsellors: A relational narrative.

An exploration of how trainee counsellors who are practising believers of a world religion experience undertaking counsellor training.

Counselling professionals’ awareness and understanding of Female Genital Mutilation (FGM): implications for training and research.

Counselling for young people and young adults in the voluntary and community sector.

What helps former cult members recover from an abusive cult experience?

The Development of a Consensus Licensure Title and Scope of Practice in the United States.

Therapists’ perspectives on issue of obesity: An Interpretative Phenomenological Analysis.

The Influence of School-based Mental Health Counselling Services on Student-Clients in Low Socioeconomic Schools between the Ages of 5 to 13.
An exploration of how working in the English Improving Access to Psychological Therapies (IAPT) programme might affect the personal and professional development of counsellors: an analytical autoethnographic study.

From “an absurd idea” to “exceptional learning”: Attitudes regarding recording client sessions during psychotherapy training.

Imagining the real: Using reverie in therapy and research.

The importance of reflective practice and reflexivity for practitioners working with women experiencing mother-child separation in contexts of violence and abuse.


Bibliotherapy as an Adjunct Service to Counseling Families: A Qualitative Approach.

An exploration of how CfD trainees, trainers and supervisors perceive competence and a competence framework in relation to CfD: implications for practice and training.

‘Coming Out of the Counselling Room’: An Ethnographic Inquiry into Designing a Counselling Service to Meet the Needs of an Inner City Secondary School.

Sex and other medically unexplained symptoms: Developing an integrative conceptual platform to support psychotherapeutic interventions.


“Just sort of accept me for who I am as a person” An Investigation of UK-based Transgender Clients’ Experiences of Counselling, an IPA Study.

The comparative effectiveness and efficiency of cognitive behaviour therapy (CBT) and counselling in the treatment of depression: Data from the UK National Audit of Psychological Therapies (NAPT).

Same hate, different enemy: Psychodynamic inquiry into psychotherapists’ experience of Islamophobia in the consulting room.

Independent validation of the Pain Management Plan: benefits of self-management within a counselling setting.

Being multilingual in psychotherapy: an applied linguistic view.

Exploratory and Confirmatory Factor Analysis of the Mandarin-Chinese Version of Barrett-Lennard Relationship Inventory.

Once upon a time: The results of utilizing bibliotherapy in session with children.

The Psychotherapist’s Lived-Experience of Wonder.

‘Bear one another’s burdens’. An examination of the experiences of parents bereaved of a child through drug use, who volunteer to support other parents bereaved in a similar way.

A Psychotherapeutic Exploration of The Impact of Working on Multidisciplinary Teams in Psycho-oncology.
The Strathclyde Inventory: measuring congruence as an outcome of therapy.

How bereavement counsellors experience returning to therapeutic work after the death of their parent.

A Critical Discourse Analysis of the media’s ontological narrative of mental illness in young women.

Developing a Model of Working with Worry in Emotion-Focused Therapy: A Discovery-Phase Task Analytic Study.

Person Centred experiential psychotherapy and pre-therapy for adult clients who hear voices or have other unusual experiences.

Social Class and the Therapeutic Relationship: The Client’s Perspective.

Avatar Based Counselling for Young People. Case Study ‘Richard’.

How effective is gestalt psychotherapy?

**MI Papers:**
The value of qualitative research online: Men’s accounts of depression’

Reflections on recruiting a ‘hard-to-reach’ counselling client group.

Developing ETHOS: A Randomised Controlled Trial of School-based, Humanistic Counselling with Young People.

**Posters:**

An Exploration of the Experiences of Person Centred Counsellors working with Refugees Diagnosed with Post Traumatic Stress Disorder

How do the therapist’s own relationship struggles contribute to the therapeutic work with clients?

Supplementing counselling with guided use of a well-being app for university students experiencing anxiety or depression: Preliminary findings from a feasibility trial

A Pilot study on Therapist’s Experience of Client-Initiated Termination in Long-term Therapy.

Giving voice through reflexivity: women’s experience of miscarriage many years after the event.

Motivation and performance of guidance counsellors in Post-primary schools in Makurdi, Benue State.

Investigating Emotional Contagion in Counsellors.

Student experiences of person-centred approaches to learning.
Case study research into psychotherapies for people that present with physical symptoms, 2012-2016: a literature review.

“Racism Trauma: Clinical implications of the civil unrest in Ferguson, MO, USA”

Ways in which women who have experienced a miscarriage acknowledge the life and death of their unborn child.

What does the term Negative Capability mean to you?

Exploring dark corners: therapists’ views of life after death.

Counsellors’ experiences of working with clients diagnosed with a mental health disorder who bring religion/spirituality into the therapeutic space.

Teachers have a role in supporting counselling provision within Schools: online quantitative survey.

Seating Dynamics in Person-Centred Counselling: Chair Distance, Chair Angle and Chair Type.

Building a competency framework for domestic abuse counselling practice.

In the experience of practitioners in the field is the Person-centred approach effective when working with clients who experience anxiety and paranoid schizophrenia?

Paths to unchartered territories of learning: the process of a first-person cooperative inquiry in developing trainees’ self-understanding.

Exploring school counselors’ leadership engagement with parents of color on STEM education and career choice.

Applied Counselling Approaches within the Chinese Community: A Review using a Systematic Approach.

Someday this pain will be useful to you: From recovering from an eating disorder to becoming a therapist.

“Coming Home”: An Exploration of the impact on searching for birth origins on an adult adoptee’s existential state of being.

**Symposium:**
Counselling for Depression: How did we get here- where are we going?

The therapist as client: an investigation into, and assessment of (using the CfD PCEPS Scale), a single session of counselling between Professor Brian Thorne and Catherine Hayes (Video UEA 1997)

What factors predict successful completion of the Counselling for Depression (CfD) training programme? An update of the 2015 study with a larger sample size

“Counselling for Depression: a response to counselling education in the 21st century. Ethical conflicts between a counselling approach operating within a medicalised bureaucratic health service.
Workshops:
The Integrating Conversation Analytic findings about therapy sessions into therapeutic skills training and development.


Reflexive auto-ethnography: a means to self-care for practitioners.

Essential research findings in child and adolescent therapy: What leads to change? A look at key findings and implications for practice.

A view from inside the ethics committee: ethical complexities and tensions in conducting qualitative research.