

Staying Connected

Wednesday 3 February 2021

10.00am - 10:05am	Welcome and introduction
10.05am - 11.00am	<p>The power of coaching during the pandemic - Carolyn Mumby</p> <p>Carolyn will briefly describe the principles and practice of coaching and go on to share her experience of how coaching can provide a crucible for support and growth to individuals and groups in a variety of contexts including with leaders of organisations and coaching for social change. Carolyn will draw on examples from her own practice and that of other colleagues in the coaching world, and signpost you to further information and resources.</p> <p>Carolyn Mumby is a qualified leadership coach, registered therapist, supervisor, trainer and team facilitator. She is chair of bacp coaching division and a member of EMCC and AC, with over 30 years in the field of developing people. Carolyn is also a licenced Time to Think Coach and Facilitator. She has written extensively about the integration of coaching and therapy including guest authoring a chapter in “Personal Consultancy” and writing regularly for Coaching Today.</p>
11.00am - 11.15am	Live Q & A
11.15am - 11.30am	Break
11.30am - 12.00pm	Two-minute platforms
12.00pm - 12.30pm	<p>Connecting together</p> <p>This session will be divided into different areas of interest, for more focused and structured networking, to engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests.</p>
12.30pm - 1.30pm	Break

<p>1.30pm - 2.15pm</p>	<p>Autism - Raymi Doyle</p> <p>The division between marginalised communities and the general population has become magnified by the lens of this pandemic to an extent where misrepresentation and misinterpretation has become more visible to the naked eye. This unfortunately has been going on for years within the autistic community.</p> <p>Raymi will use the first part of his doctorate research question to look at “bridging the gap between the autistic, the therapist and theoretical perspective” to examine the space which enables us to be in a more connected representational space of each other. He will also reflect on how we are grappling with a change of language in how we perceive autistic experience. He will conclude with a brief preview of the emerging concept of Neurotransception that he is developing as well as a case study reflecting its application.</p> <p>Neurotransception is a way we transmit and receive each other at embodied neurobiological level. When two individuals have two very different intersubjectivities, it is about accessing a space between us, where each of our intersubjectivities has the possibility to exist and thrive in an inclusive and non imposing manner, rather than an US versus THEM mentality.</p> <p>Raymi Doyle is a consultant psychotherapist that provides bespoke therapy and educational services in the fields of autism and trauma at an international level since 2005. Raymi opened a private practice to meet the individual needs of clients, as well as developed a bespoke training and consultancy practice around supporting autistic individuals. He is completing his final year of his Doctorate at Metanoia Institute where he is exploring “Bridging the Gap between the Autistic, the Therapist and the Theoretical Perspective, and is passionate about exploring the space between us from an inclusive way of being.</p>
<p>2.15pm - 2.30pm</p>	<p>Live Q & A</p>

<p>2.40pm - 3.25pm</p>	<p>Reflective action - therapeutic responses to social disadvantage - Beverley Costa</p> <p>What do we, as counsellors and psychological therapists, do with the concern we feel about increasing social inequalities? What are therapeutic responses? How can we mobilise the anxiety that motivates us to do something in the face of social disadvantage?</p> <p>This talk will attempt to answer those questions by referring to two free online CPD resources. The Social Response Cycle will be presented, and it will be illustrated by the speaker’s personal and</p>
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<p>3.25pm - 3.40pm</p>	<p>professional experiences of providing services to unreached multilingual groups.</p> <p>At the end of the talk, it is hoped that participants will feel empowered to take therapeutically framed social action, and that they know where to start.</p> <p>During my training as a psychodrama psychotherapist I became aware of the lack of psychological therapy services for people who didn't speak English as their first language. I come from a bicultural, trilingual family, and it seemed like quite an important gap. So, when I completed my training, I set up Mothertongue multi-ethnic counselling service (2000-2018) a culturally and linguistically sensitive psychotherapeutic service. In 2017, I founded The Pasalo Project www.pasaloproject.org to disseminate learning from Mothertongue. I became a Senior Practitioner Fellow at Birkbeck, University of London and, together with Professor Jean Marc Dewaele, we won the 2013 British Association for Counselling and Psychotherapy, Equality and Diversity Research Award. My book <i>Other Tongues - psychological therapies in a multilingual world</i> draws on two decades of experience and will be published in 2020.</p> <p>Live Q & A</p>
<p>3.45pm</p>	<p>Event close</p>

Please note this programme is subject to change