The impact of the coronavirus pandemic on mental health text version

75% say their mental health has been negatively impacted by the pandemic.

The top three reasons for the pandemic having a negative impact on their mental health are …

* 61% being separated from or unable to see friends, family or romantic partners
* 56% anxiety or concern about friends or family members catching coronavirus
* 48% feeling isolated

74% say the coronavirus pandemic has made them more conscious of their own mental health.

82% say it has made them more conscious of the mental health of their family and friends.

69% say that mental health should be a priority in the recovery from the pandemic.