

Staying Connected

Wednesday 15th September 2021

10.00am - 10:05am	Welcome and introduction
10.05am - 10.45am	<p>Siobhan O'Neill - Update from the Mental Health Champion for Northern Ireland</p> <p>Siobhan will discuss her role and experiences to date as Mental Health Champion, as well as discussing the recently published Mental Health Strategy 2021-2031, which sets the strategic direction for mental health in Northern Ireland for the next decade.</p> <p>The overarching aims of the Mental Health Champion Office which is to advise and assist in the promotion of mental health and wellbeing through all policies and services, throughout Northern Ireland. Siobhan will discuss how engaging with people with lived experience, community groups and professional groups is vitally important in not only the drafting of the strategy but also its Implementation. The Champion is a focal point for the discussion around wellbeing, mental health and suicide in Northern Ireland, she is keen to engage in public debate around psychological wellbeing, mental health and suicide, and will champion these issues to improve the experience of people with mental ill health.</p>
10.45am - 11.00am	Live Q&A with Steve Mulligan (BACP Four Nations Lead)
11.00am - 11.30am	Morning break
11.30am - 12.00pm	<p>Two-minute platforms</p> <p>Hear from local members, organisations and BACP staff about projects and workstreams relevant to you and your practice.</p>
12.00pm - 12.40pm	<p>Connecting together</p> <p>This session will be divided into different areas of interest, for more focused and structured networking, to engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests.</p>
12.40pm - 1.40pm	Lunch break

1.40pm - 2.25pm	<p>Dervilia Kernaghan - Counselling and Covid 19 - Challenges and opportunities in Cancer Services</p> <p>This session will look at how the work of Cancer Focus NI supports the Cancer Strategy, how they have adapted since the pandemic and what further developments are needed to ensure that people with cancer can access support.</p> <p>Dervilia Kernaghan, who trained as a nurse, was appointed as Head of Care Services of Cancer Focus NI in 2019. Previously a part of our cancer prevention team, she brings vast experience and knowledge of patient care to her role within the organisation. Roisin O'Connor is the Therapeutic Services Manager at Cancer Focus NI and will present alongside Dervilia.</p>
2.25pm - 2.40pm	Live Q&A with Dervilia Kernaghan and Roisin O'Connor

2:40pm - 2.50pm	Afternoon break
2.50pm - 3.35pm	<p>Mamood Ahmad - Race and culture core competency: Are you ready?</p> <p>The lecture aims to help you understand why core competence in race, culture and antidiscrimination matters so you can situate your learning. He will cover eight reasons why it matters to develop core competence in race and culture, and why it's essential for all as well as options for core competence training.</p> <p>Mamood Ahmad is a therapist, author, trainer and founder of the Anti-discrimination foundation (TADF). He has extensive experience of client advocacy, client perspectives of therapy, intersectional and racial-cultural client work, diversity standards, research, and race-based group work. He specialises in developing standards for training in diversity, intersectionality, and antidiscrimination practice. He holds a private practice in Binfield, Berkshire since 2014.</p>
3.35pm - 3.50pm	Live Q & A
3.50pm - 4.00pm	Event close

****Please note this programme is subject to change**