

# Staying Connected

Wednesday 24<sup>th</sup> November 2021

10.00am - 10:05am	Welcome and introduction with Michael Golding, BACP Governor
10.05am - 10.50am	<p><b>Tasha Walsh - Neurodiversity in the Therapy World &amp; what needs to change!</b></p> <p>It is estimated that 20% of the population is Neurodiverse and with the increased prevalence of mental distress and requirement for psychological therapies for this disadvantaged population, it is imperative that we as therapist are adequately trained to work with this group. This presentation will discuss the work that Tasha does and many others in North do with this population, how complex the work is and what we can do to change things for the better.</p> <p>Tasha is a Relationally trained Counsellor , have DDP level 1 and I'm a Certified Autoplay Therapist. Tasha worked for eight years within a cluster of schools in Leeds but now has a private practice. Tasha has a special interest in therapeutically supporting, advocating for CYP &amp; adults who are Neurodivergent, and offers training in Neurodiversity and other areas. Tasha is also a clinical supervisor.</p>
10.50am - 11.05am	Live Q&A with Tasha Walsh
11.05am - 11.20am	Morning break
11.20am - 11.50am	<p><b>Two-minute platforms</b></p> <p>Hear from local members, organisations and BACP staff about projects and workstreams relevant to you and your practice.</p>
11.50am - 12.30pm	<p><b>Connecting together</b></p> <p>This session will be divided into different areas of interest, for more focused and structured networking, to engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests.</p>
12.30pm - 1.30pm	Lunch break

1.30pm - 2.15pm	<p><b>Jo Allen - From Addiction to Generation Z via Mud and Macrame - the work of The Counselling &amp; Family Centre (CFC)</b></p> <p>CFC was founded nearly 45 years ago in response to the tragic death of a young child at the hands of a family member. Since then it has continued to adapt and grow to meet the needs of its community - despite the inevitable setbacks on the way. Today, CFC support about 2,000 children, women and men every year through a range of services, all designed to be as easy as possible to access and to be capable of flexing to meet changing need.</p> <p>Jo Allen is a mother of 4 and grandmother of 6 (to date!). She is a Relate trained Couples Counsellor (although non-practicing), and began at CFC as a counsellor volunteer. Jo then became the co-ordinator, then manager, then CEO of CFC and is still to this day.</p> <p>Jo started out as an Art Historian and worked at The Manchester Museum and the Castle Museum, York. She also worked as a Transport Manager, Practice Manager and Training Manager in 3 very different areas of employment. Jo classes herself as a pragmatist and problem solver.</p>
2.15pm - 2.30pm	Live Q&A with Jo Allen

2:30pm - 2.35pm	Afternoon break
2.35pm - 3.20pm	<p><b>Tyler Hatwell - Travellers and Psychotherapy: Experiences of the therapy world, and broader mental health, from a Traveller perspective.</b></p> <p>Tyler Hatwell is a practicing psychotherapist based in South East London working in private practice and for a large homelessness charity. A Traveller himself, he has worked with Traveller communities for a number of years with a particular focus on youth work, community development and education advocacy. More recently, the focus has been on mental health as well as on LGBT+ representation within the community. In 2019 he set up Traveller Pride, the UK's network for LGBT+ Travellers, which provides direct services to the community to tackle inequality and also works with those outside the community to bring about cultural changes with perceptions towards these groups.</p> <p>This session aims to give an overview of the issues faced by Travellers in the world of therapy, give some context on who we're talking about &amp; challenging mainstream misconceptions as well as signposting who else can help.</p>
3.20pm - 3.35pm	Live Q & A with Tyler Hatwell
3.35pm - 3.45pm	Event close

\*\*Please note this programme is subject to change