

BACP Supervisor's Event - A paradoxical process: the joys and challenges of supervision

14 June 2022

Time	Session			Presenter
9.15am - 9.30am	Registration			
9.30am - 10.15am	First Keynote Session - Supervision, what's the point?			TBC
10.15am - 10.30am	Live Q&A session			
10.30am - 10.45am	Break			
10.45am - 11.45am	Workshop 1 (select one from the options below)			
	The role of supervision in supervisee wellbeing	Attending to, and working with EDI in supervision	Assessing a supervisee's fitness to practise	
11.45am - 12.00pm	Break			
12.00pm - 1.00pm	Workshop 2 (select one from the options below)			
	Self-care for supervisors - preventing burnout and vicarious trauma	The manifestation of climate anxiety in supervision	Supporting a supervisee undergoing a complaints process	
1.00pm - 2.00pm	Lunch			
2.00pm - 3.00pm	Workshop 3 (select one from the options below)			
	Facilitated group discussion on self-care and wellbeing in supervision	Facilitated group session on contextual and contemporary issues in supervision	Facilitated group discussion on challenging situations in supervision	
3.00pm - 3.15pm	Break			

<p>3.15pm - 4.00pm</p>	<p>Second Keynote Session - 'The task, craft and art of supervision'</p> <p>Brigid Proctor - Bachelor of Arts (Oxford University), Diploma in Social Science (Edinburgh), Certification in Applied Social Sciences (London School of Economics), Fellow of BACP.</p> <p>Brigid worked as a Probation Officer in Nottingham for 6 years, having trained on the first British Course for Generic Caseworkers. In the 1960s she taught evening classes when family allowed, and taught 'Soc and Psych 1' at a College in the USA.</p> <p>In the 1970s, as a lecturer at South West London College, she developed the 'self-directed learning' <i>Diploma Course in Counselling Skills</i>. She was a founding member of BAC(P), chairing the first Standards & Ethics Committee. With Francesca Inskipp, she developed a supervision course, <i>CASCADE</i>. Together they developed (among other materials) <i>The Art, Craft and Tasks of Counselling Supervision</i>, for counsellors and supervisors. Throughout, she had a varied professional life of teaching, supervising, counselling, consultancy and writing.</p> <p>She reduced her work in four stages, finally retiring at the age of 80. She wrote <i>Counselling Shop (1978)</i> and <i>Group Supervision. (2nded 2008)</i> and many chapters and articles.</p>	<p>Brigid Proctor</p>
<p>4.00pm - 4.15pm</p>	<p>Live Q&A Session</p>	
<p>4.15pm - 4.30pm</p>	<p>Final thoughts and Event Close</p>	

***This programme is subject to change*