

Making Connections Belfast

5 July 2022

10.00am - 10.30am	Registration
10.30am - 10:40am	<i>Welcome by Julie May, BACP Governor</i>
10.40am - 11.10am	<p>Embracing the <i>Whole</i> of It - Pandemic Stories of Loss, Courage and Resilience from Young People, Families, Schools and Therapists</p> <p><i>Dave Stewart</i></p> <p>This session explores some key Pandemic-related learnings for Barnardo's school-based therapists in Northern Ireland. This session looks at the primary importance of embracing the <i>whole story</i> during times of universal disruption. The challenges of holding client experiences of adversity and loss while also listening out for their story of hope and courage and how our own experiences of living through the Pandemic can impact this will also be explored. The session will highlight how the Barnardo's 'CSSO counselling delivery framework' - Child Directed / System Focused / Strengths Based / Outcome Informed - has been a stabilising influence for the therapist team.</p> <p>Dave Stewart is a qualified Music Therapist, Social Worker and Counsellor and an accredited member of the BACP. He has been a therapist for over 30 years, working mainly with children, young people and families. Dave's area of special clinical interest is trauma, and his work over many years in this field included time as a senior counsellor in the Barnardo's service for families affected by the Northern Irish conflict. Dave continues to work for Barnardo's where he is currently the lead for school-based counselling in N. Ireland. Dave has developed a counselling delivery framework for Barnardo's known as 'CSSO'. Dave's working week is divided between leading the team of N.I. school-based therapists and a national role as Learning Lead in the CSSO training team. Dave is married with four children and is a keen musician, singer and choral director.</p>
11:10am - 11:25am	<p>Live Q&A session with Dave Stewart</p> <p>This session provides an opportunity for delegates to ask questions to Dave following his presentation.</p>
11:25am - 11:30am	Introduction of the next presentation

11:30am - 12:00pm	<p>Working creatively with adult clients</p> <p><i>Phyllis Coulter</i></p> <p>This session will equip practitioners with knowledge and skills around working with metaphor. The presentation will include research and experience to encourage practitioner curiosity of this type of working. Caution on the risks when using projection in therapy will be explained and the session will increase the awareness of the range of interventions available to practitioners</p> <p>Phyllis Coulter is a senior accredited BACP member who has been in private practice for over 15 years. She has undergrad and post grad training in the field of counselling and psychotherapy. Her current practice also includes coordinating two academic courses in the subjects of counselling and clinical supervision.</p>
12:00pm - 12:15pm	<p>Live Q&A session with Phyllis Coulter</p> <p>This session provides an opportunity for delegates to ask questions to the presenter following their presentation.</p>
12:15pm - 1:15pm	Light lunch
1:15pm - 1:35pm	Local member two-minute platforms
1:35pm - 1:40pm	Introduction of 'Connecting together'
1:40pm - 2:30pm	<p>The room will be divided into different areas of interest, for more focused and structured networking. You'll be encouraged to move around the room and engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests. You'll be able to add a new area of interest if yours isn't represented.</p>
2:30pm - 3:00pm	Refreshments
3:00pm - 3:30pm	Presentation 3 - TBC
3:30pm - 3:45pm	<p>Live Q&A session with the Presenter</p> <p>This session provides an opportunity for delegates to ask questions to the presenter following their presentation.</p>
3:45pm - 4.00pm	Event close

Please note – this programme is subject to change