

BACP Supervisor's Event - A paradoxical process: the joys and challenges of supervision

14 June 2022

Time	Session			Presenter
9.15am - 9.30am	Registration			
9.30am - 10.15am	<p>First Keynote Session - Supervision, what’s the point?</p> <p>Steve is a counsellor and supervisor working in palliative care, with a focus on people whose health is fading. His supervision practice also includes working with a wider range of organisations who are focussed on supporting the unseen parts of society.</p> <p>Being visually impaired, Steve has been battling the barriers to accessing services for decades and he also now works to support a range of third sector organisations, health and social care services to support the rehabilitation of people experiencing sight loss. He passionately believes that it is essential that we see the totality of the people who surround us as, for him, it’s the only way a genuinely inclusive society can be made real.</p>			Steve Rattray
10.15am - 10.30am	Live Q&A session			
10.30am - 10.45am	Break			
10.45am - 11.45am	Workshop 1			
	Meeting Room 3	Meeting Room 5 & 6	Culture Space	
	The role of supervision in supervisee wellbeing	Attending to, and working with EDI in supervision	Assessing a supervisee’s fitness to practise	
	Michelle Seabrook	Rima Sidhpara	Karen Stainsby	
11.45am - 12.00pm	Break			
12.00pm - 1.00pm	Workshop 2			
	Meeting Room 3	Meeting Room 5 & 6	Culture Space	
	Self-care for supervisors - preventing burnout and vicarious trauma	The manifestation of climate anxiety in supervision	Supporting a supervisee undergoing a complaints process	
	David Lloyd-Brown	Steffi Bednarek	Faisal Mahmood	

1.00pm - 2.00pm	Lunch		
2.00pm - 3.00pm	Workshop 3		
	Meeting Room 3	Meeting Room 5 & 6	Culture Space
	Facilitated group discussion on self-care and wellbeing in supervision Michelle and David	Facilitated group session on contextual and contemporary issues in supervision Rima and Steffi	Facilitated group discussion on challenging situations in supervision Karen and Faisal
3.00pm - 3.15pm	Break		
3.15pm - 4.00pm	<p>Second Keynote Session - ‘The task, craft and art of supervision’</p> <p>Brigid Proctor - Batchelor of Arts (Oxford University), Diploma in Social Science (Edinburgh), Certification in Applied Social Sciences (London School of Economics), Fellow of BACP.</p> <p>Brigid worked as a Probation Officer in Nottingham for 6 years, having trained on the first British Course for Generic Caseworkers. In the 1960s she taught evening classes when family allowed, and taught ‘Soc and Psych 1’ at a College in the USA.</p> <p>In the 1970s, as a lecturer at South West London College, she developed the ‘self-directed learning’ <i>Diploma Course in Counselling Skills</i>. She was a founding member of BAC(P), chairing the first Standards & Ethics Committee. With Francesca Inskipp, she developed a supervision course, <i>CASCADE</i>. Together they developed (among other materials) <i>The Art, Craft and Tasks of Counselling Supervision</i>, for counsellors and supervisors. Throughout, she had a varied professional life of teaching, supervising, counselling, consultancy and writing.</p> <p>She reduced her work in four stages, finally retiring at the age of 80. She wrote <i>Counselling Shop</i> (1978) and <i>Group Supervision</i>. (2nded 2008) and many chapters and articles.</p>		Brigid Proctor
4.00pm - 4.15pm	Live Q&A Session		
4.15pm - 4.30pm	Final thoughts and Event Close		