# Reflective practice criterion 8

Please provide evidence of your reflective practice for criterion 8. Further information and a guidance video are available in the [Application guide](https://www.bacp.co.uk/membership/accredited-membership/apply-for-individual-accreditation/criterion-8/)

#### Considerations

* **Referencing:** please ensure you indicate where you meet each individual sub criterion within your work by using brackets, section headings or margin notes.

For example, indicate where you feel (8.1) is met.

* **Word limit:** the word limit for criterion 8 is 1,400 words.

You do not need to include any titles or referencing in the word count. Show the word count at the end of your piece of work.    
  
Members with a learning difference or disability have an additional 10% word limit so can use up to 1,540 words for this criterion.

If you’ve not already done so, please contact [accreditation@bacp.co.uk](mailto:accreditation@bacp.co.uk) to tell us if you identify as having a learning difference or disability. We may be able to offer further support.

* **For this criterion:** please tell us about all the theories or approaches you use.    
    
  Tell us how you adapt these approaches for the different client groups you’ve worked with (for example, adults, children and young people, groups, families, people in relationships).

Also, tell us how you adapt these approaches for different contexts (for example, face-to-face, online, phone, outdoors, going into people’s homes) or the ways of working (using interpreters).

* **Please name your file** in the following format before you upload:   
  C8 Surname BACP membership number (for example C8 Jones 00099999)

Please see the [Application guide](https://www.bacp.co.uk/membership/accredited-membership/apply-for-individual-accreditation/criterion-8/) for more information.

**Your name**:

**BACP membership number**:

#### Please give your response to criteria 8 below

8.1 Describe a rationale for your client work with reference to the theory or theories that inform all your practice.

8.2 Describe the place of your self-awareness within your way of working.

8.3 Describe how issues of difference and equality impact upon the therapeutic relationship.