# Reflective practice criterion 9

Please now provide evidence of your reflective practice for criterion 9. Further information and a guidance video are available in the [Application guide](https://www.bacp.co.uk/membership/accredited-membership/apply-for-individual-accreditation/criterion-9/)

#### Considerations

* **Referencing:** please ensure you indicate where you meet each individual sub criterion within your work by using brackets, section headings or margin notes.

For example, indicate where you feel (9.1) is met.

* **Word limit:** the word limit for criterion 9 is 3,000 words.

You do not need to include any titles or referencing in the word count. Show the word count at the end of your piece of work.

Members with a learning difference or disability have an additional 10% word limit so can use up to 3,300 words for this criterion.

If you’ve not already done so, please contact accreditation@bacp.co.uk to tell us if you identify as having a learning difference or disability. We may be able to offer further support.

* **For this criterion:** please make sure your case study is consistent with your described way of working (as described in 8.1).

For previous criteria, you may have written a paragraph for each individual sub-criterion, but case study material might not fit so neatly.

A single sentence or paragraph may provide evidence for more than one of the sub-criteria. This is quite acceptable but show where you believe you're meeting the individual criteria at the end of the sentence or paragraph.

However, don't over-reference, as you're unlikely to write one sentence or paragraph that meets all six sub-criteria. Clearly showing us where you believe you're meeting the individual sub criterion will help us to pass your application.
* **Please name your file** in the following format before you upload:
C9 Surname BACP membership number (for example C9 Jones 0009999)

Please see the [Application guide](https://www.bacp.co.uk/membership/accredited-membership/apply-for-individual-accreditation/criterion-9/) for more information.

**Your name**:

**BACP membership number**:

#### Please give your response to criterion 9 below.

9.1 Tell us how your practice is consistent with your described way of working (as described in 8.1).

9.2 Show how you use your self-awareness in the therapeutic relationship.

9.3 Explain how your practice demonstrates your awareness of issues of difference and equality and the impact they have upon your counselling or psychotherapy relationships.

9.4 Show how you’ve used the BACP *Ethical Framework for the Counselling Professions*.

9.5 Describe the awareness you have gained through reflection in and on supervision.

9.6 Show how you apply that awareness in your practice.