# SCoPEd transition period: Accredited Member to Senior Accredited Member

# (Column B to C)

The transition period will open in February 2024. To apply you’ll need to meet our revised senior accredited member eligibility requirements and complete our application form when the transition period opens.

## Eligibility criteria

1. Be an accredited member of BACP and in practice as a counsellor and/or psychotherapist
2. Have undertaken a Level 7 or equivalent counselling or psychotherapy related qualification
3. 160 hours of personal therapy and/or personal development work that has contributed to self-awareness and is applicable to therapeutic practice.

Please tell us about the personal therapy/personal development work you have engaged in.

You will need to provide us with:

1. An approximate date period for your personal therapy and/or personal development activity/ies and how many hours this was for
2. A brief statement describing how your personal therapy and/or personal development activities have enhanced your self-awareness and how you use this self-awareness in your therapeutic work (max 250 words per activity)

\*A template will be provided to members to support them in collating this information.

## Personal statement (up to 3250 words in total)

Please use your personal statement to provide evidence of the following criteria:

### Criterion 1:

Provide a summary of work-based experiences where you have taken an active role within your professional community.

These activities could have taken place locally or nationally, and should demonstrate your ability to communicate effectively with other professionals in sharing information, advice, instruction and professional opinion to support the provision of counselling/psychotherapy services.

(up to 500 words)

\*For reference, please refer to **SCoPEd column C competences:**

**Professional framework**

1.13C Ability to take an active role within the professional community locally and nationally. Be able to communicate effectively with other professionals in sharing information, advice, instruction and professional opinion.

### Criterion 2

Provide a detailed summary of your practice based and CPD/training experience as evidence of how you meet the following criteria:

1. Competence in conceptualising and/or formulating ways of working with clients with chronic/enduring mental health conditions.
2. Understanding of the language/discourses around diagnosis, psychopathology and mental disorders.
3. The ability to make complex judgements about high-risk clients and take appropriate action when required.

(up to 1000 words)

**\***For reference, please refer to **SCoPEd column C competences:**

**Assessment**

2.1.C Ability to conceptualise and (or) formulate ways of working with clients or patients with chronic and enduring mental health conditions.

2.5.C Ability to understand the language and discourses around diagnosis, psychopathology and mental disorders.

2.8.C Ability to make complex judgments about ongoing work with high-risk clients or patients and take appropriate action as needed.

### Criterion 3:

1. Provide a brief statement of your understanding of the harm caused by discriminatory practices, and how you work to address power differentials within your own therapeutic practice.
2. Provide a brief case example demonstrating your competence in working with ruptures or difficulties within the therapeutic relationship using ‘unconscious’ or ‘out of awareness’ processes.

(up to 1000 words)

\*For reference, please refer to **SCoPEd column C competences:**

**Therapeutic relationship**

3.10.C Ability to communicate about the harm caused by discriminatory practices and aim to reduce insensitivity to power differentials within therapeutic service provision, training and supervisory contexts.

3.21.C Ability to work therapeutically with ruptures or difficulties within the therapeutic relationship using awareness of and skills associated with ‘unconscious’ or ‘out of awareness’ processing.

### Criterion 4:

Please provide a brief statement demonstrating your knowledge of, and ability to use audit and evaluation methodologies to contribute to improving the process and outcomes of therapy.

(up to 250 words)

\*For reference, please refer to **SCoPEd column C competences:**

**Knowledge and skills**

4.15.C Ability to utilise audit and evaluation methodologies to contribute to improving the process and outcomes of therapy.

### Criterion 5:

Use case material to illustrate your reflexivity and self-awareness, including evidence of your active use of the self when working at depth in the therapeutic relationship and process.

(Max 500 words)

\*For reference, please refer to **SCoPEd column C competences:**

**Self-awareness and reflection**

5.1.C Ability to evidence reflexivity, self-awareness and the active use of self to work at depth in the therapeutic relationship and throughout the therapeutic process.

## Supervisor’s statement

1. Is the applicant’s personal statement consistent with your knowledge and understanding of their work experience and how they work with clients?

Yes/No – if No or you are unsure, please give your reasons.

1. If you have supervised the case material used to evidence criterion 3 and 5, do you agree that the applicant’s description is an accurate reflection of their work with this client/s?

Yes/No – if No or you are unsure, please give your reasons.

1. Please read the applicant’s personal statement in full (criteria 1-5), then comment on their overall competence in relation to the column C competences in the SCoPEd framework. You will need to make reference to any areas for future development in relation to the SCoPEd framework that have been agreed with the applicant.
2. In your experience of the applicant, are they an ‘Independent, competent and ethical counsellor/psychotherapist who has demonstrably developed their knowledge, experience and ethical working since their initial accreditation’ who is therefore ready for senior (column C) accreditation?

Yes/No - if No or you are unsure, please state your reasons.