

SCoPEd update Course and Services

Wednesday 24th April 2024

Kevin.Kirwan@bacp.co.uk

Kevin Kirwan

www.bacp.co.uk

Accredited services

- No significant changes as a result of SCoPEd
- Services may use the framework to determine the range of knowledge and skills needed for the services they provide
- This is likely to include a mix of column A, B and C practitioners - as is the case now (i.e. Registered, Accredited and Senior Accredited)
- Majority of competences sit in column A and so many services will find that most of their work can be accommodated by Registered members

Accredited courses

- Courses will be given until early 2028 to fully align with the SCoPEd column B competences
- 2023 - Initial survey for accredited courses to help us better understand what's needed
- 2024- SCoPEd mapping exercise completed
- 2024 - ongoing development of the new “gold book”
- Early 2028 - Evidence of SCoPEd alignment

New NHS training pathway pilot

- In 2021, NHS England announced the launch of a landmark three-year pilot programme to provide fully funded training for psychotherapeutic counselling within IAPT services (now NHS Talking Therapies for anxiety and depression)
- Three courses began in September 2022 delivering postgraduate level training in:
 - ❖ Person-centred experiential counselling for depression (PCE-CfD) - Metanoia
 - ❖ Dynamic interpersonal therapy (DIT) - University of Roehampton
 - ❖ Couples therapy for depression (CTfD) - Tavistock
- Trainees are paid while they undertake the training, with placement hours carried out in their local NHS Talking Therapies (IAPT) service

- Training to be jointly accredited by five of the six the SCoPEd partners currently recognised in the NHS Talking Therapies manual (ACC, BPC, BACP, NCS, and UKCP)
- The joint accreditation of this pilot programme allows us to demonstrate the importance of the SCoPEd partnership in developing relationships with NHS decision-makers, promoting counselling and psychotherapy to the public and ensuring a choice of therapies in NHS services.
- The course curriculum is aligned with column B of SCoPEd and the competences in the IAPT manual for each modality

- **The assessment of Year 1 has been completed successfully**
- **Assessment of Year 2 is now underway with in person visits being completed by the end of April 2024**

Thank you

Contact details

Kevin Kirwan

Lead Accreditation Assessor

kevin.kirwan@bacp.co.uk