

# Competence frameworks and training curricula

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# BACP competence frameworks

Set out the evidence-based knowledge, skills and abilities required for counsellors and psychotherapists to work safely and effectively

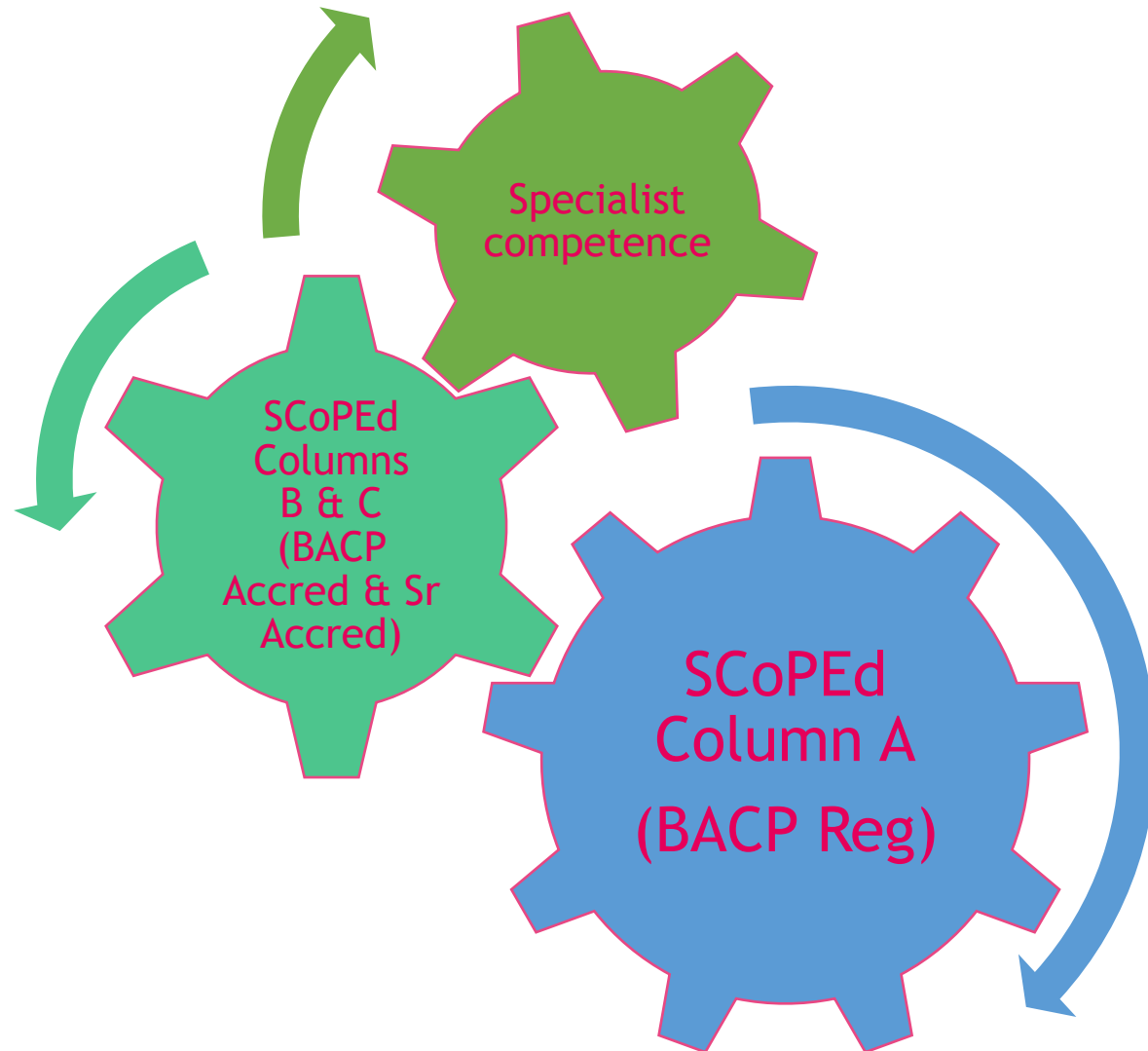
- with particular client groups, and/or
- within specific contexts, and/or
- with specific presenting issues

*Generally* targeted for post-qualification practitioners (exception: Counselling Skills)

*Generally* model-neutral (exception: Counselling for Depression)

*Generally* for dyadic practice

# BACP competence frameworks & SCoPEd



BACP competence frameworks assume SCoPEd column A competences have been achieved via generic core training, and build from there.

They not repeat SCoPEd content.

# Eight BACP competence frameworks so far...

Year	Framework
2009	Counselling for Depression (IAPT) (and curriculum)
2016	Counselling in Further and Higher Education
2020	Counselling skills (for allied professions)
2021	Supervision (and curriculum)



# Eight BACP competence frameworks so far...

Year	Framework
2021	Online and Phone Therapy -updated (and curriculum)
2021	Workplace Counselling
2022	Children and Young People (4-10; 11-18; CYP-OPT) (and curriculum)
2022	Coaching (and curriculum)

Coaching  
competence  
framework

# Counselling children and young people (4–18 years) training curriculum

BACP Professional Standards

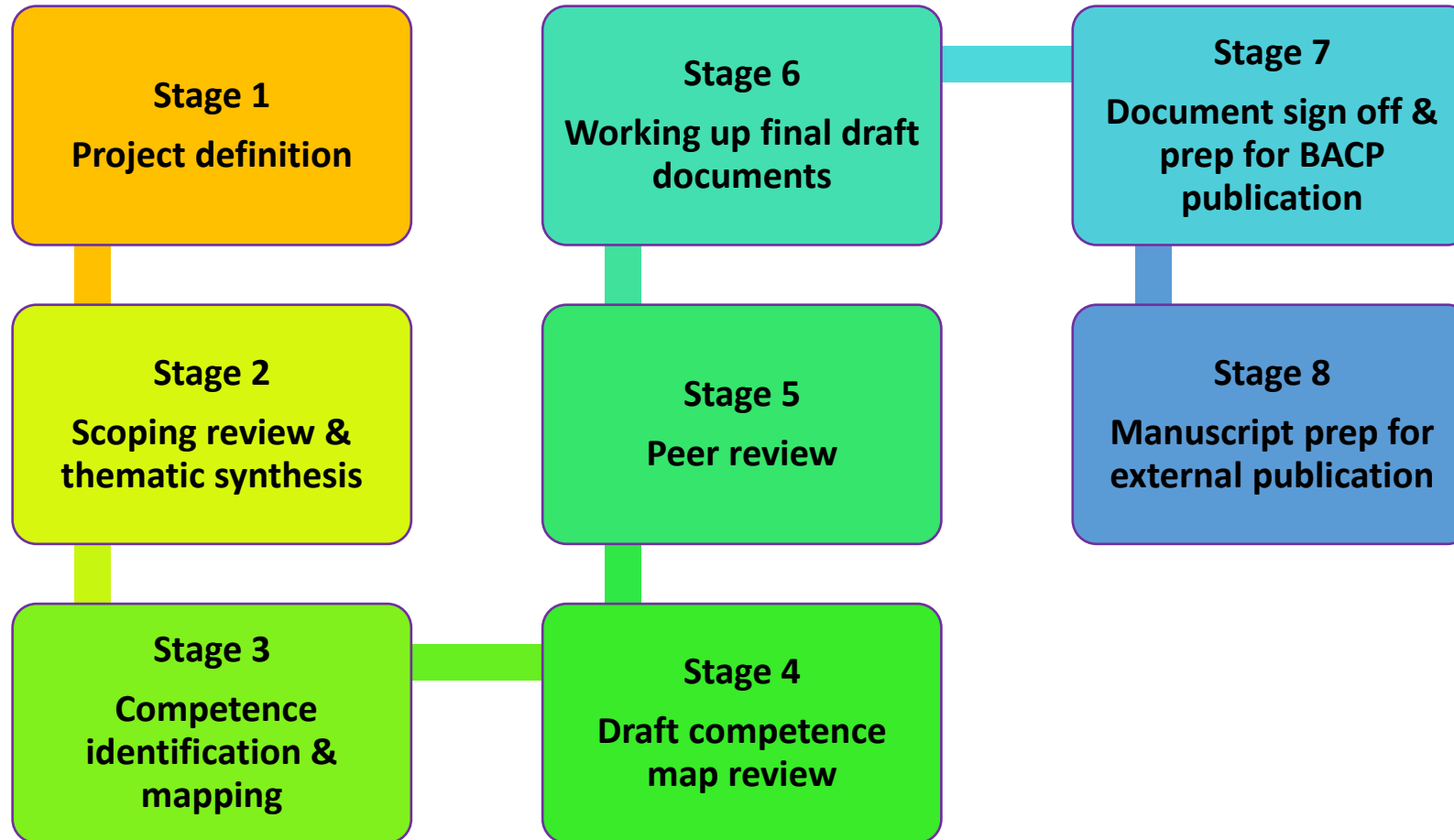


## BACP training curricula

Mapped to competence frameworks

- ✓ Key subject areas
- ✓ Aims, objectives and content
- ✓ Learning outcomes
- x Don't include methods of student assessment

# How competence frameworks are created



# How competence frameworks can be used

Intended for use by practitioners, supervisors, trainers, employers, service providers, researchers to promote evidence-based good practice, learning and development



## Fostering an egalitarian relationship

- iv. Ability to offer a supportive and collegial relationship characterised by the mutual sharing of ideas

From BACP, 2021, Supervision Competence Framework,  
Core Competences, p. 16

Where to find  
the competence  
frameworks?

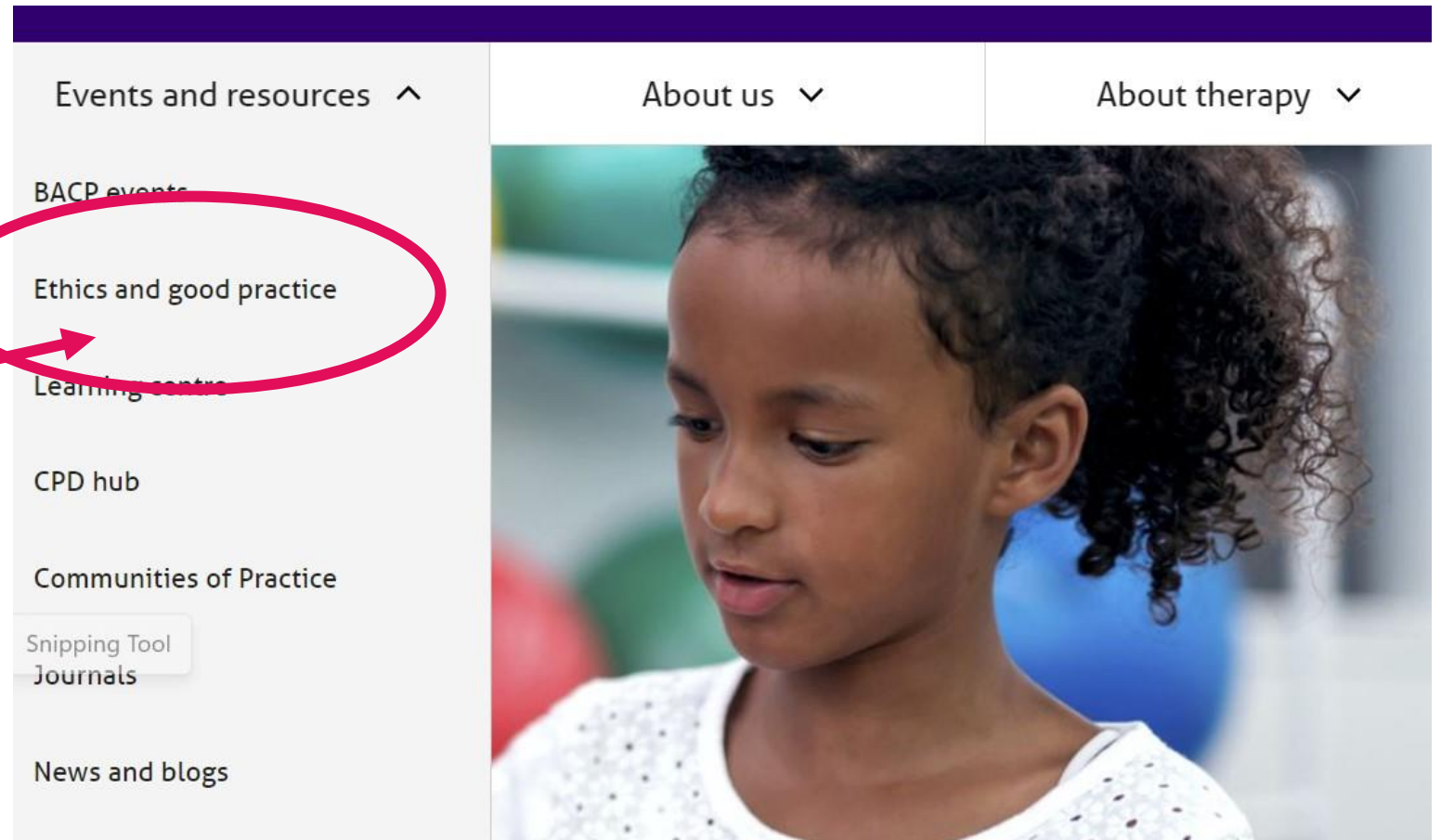


## Counselling **changes** **lives**

We are the British  
Association for Counselling  
and Psychotherapy



Where to find  
the competence  
frameworks?





# Get involved in our work in progress

**Expert Reference Group:  
Relationship Counselling**

**Expert Reference Group:  
Trauma Counselling**

**Focus group: User-friendly guides**

**Contact - [gabriel.wynn@bacp.co.uk](mailto:gabriel.wynn@bacp.co.uk)**