
YOUNG COUNSELLORS: THE IMPACT OF AGE ON CLIENT WORK AND SELF-ESTEEM

RESEARCH PARTICIPANTS NEEDED

Eligibility Criteria:

To participate in this research study, you must:

- Be between 18 and 30 years old.
- Be a trainee or qualified counsellor with a minimum of 50 client hours.
- Work with clients over the age of 18.
- Reside in the United Kingdom.
- Be fluent in English.
- Have personal experiences and reflections on how your age relates to your counselling practice and self-esteem.

If so, you may be eligible to participate in a research study for a Master's degree in Clinical Counselling at the **University of Chester**. This study explores **the impact of being a young counsellor, focusing on client work and the counsellor's self-esteem**.

WHAT'S INVOLVED?

- **Time Commitment:** 60 to 90 minutes.
- **Format:** A semi-structured interview via Microsoft Teams.
- **Focus:** Reflect on your personal and professional experiences as a young counsellor and discuss how your age has influenced your self-esteem and client work.

WHY PARTICIPATE?

- **Make a Difference:** Contribute to informative research for current and future young counsellors.
- **Fill a Gap:** Help address an under-researched area in the field of counselling.

INTERESTED?

Contact **Kasey Morris** for more information or to register your interest:

 1800050@chester.ac.uk

