How do person-centred counselling courses support trainee development in relation to suicide?



Hi, I'm Rebecca, a trainee counselling psychologist at the University of Manchester and I have been thinking about this question.

I'm looking for participants for my doctoral research project about how person-centred counselling trainees are supported in their training in relation to suicide-specific learning.

Who can participate?

- Current educators on a predominantly person-centred counselling course (e.g., PG Dip, MA, MSc) in the UK, which is registered with the BACP. Or those who have held this role in the last two years.
- Who have experience of delivering, or knowledge of or involvement in the development of teaching in relation to the education of trainees in competencies relating to suicide on a person-centred counselling course.

What will it involve?

- A single **individual interview** lasting **between 45 and 90 minutes**, arranged at your convenience online via **Zoom**.
- An opportunity to **share your experience and views** about person-centred counselling **trainee development** in relation to **suicide-specific competencies**.

Research aims

- To learn more about how suicide specific competencies are approached on personcentred counselling courses.
- To develop an understanding of **educators' perspectives** on supporting trainees to develop competencies related to suicide within person-centred counselling courses.
- Consider how suicide-specific competencies are consistent with the person-centred approach.

Please get in touch if you would like to find out more about this research.

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