

What does AI mean for mental health services?



Participants needed to explore the attitudes of mental health practitioners towards future technological innovations.

What is it about?

AI and technologies like virtual reality have the potential to influence many industries. Mental health is unique as the human relationship is so crucial to the healing process within therapy. Despite this, new technologies have already emerged. This is why we want to understand the attitudes of practitioners to AI and possible technology developments.

As well as giving your view on an exciting and important area, we hope taking part in our study will be enjoyable and will give you further insight into the different ways AI might develop and influence mental health services.

Want to Participate?

- Are you a counselling/clinical psychologist (or trainee), psychiatrist, CBT therapist, systemic/family therapist, health psychologist, forensic psychologist, or other registered therapist in the UK?
- Are you willing to explore potential future innovations that could influence therapy and mental health practices?
- Will you take part in a short 10-20 minute online questionnaire to explore your attitudes to AI in this field?

If so, sign up via the following link. All information you share will be kept confidential.

https://cityunilondon.eu.qualtrics.com/jfe/form/SV_9GGnCtpwQK6uyOy

Have questions?

For more information about this study, or to take part, please follow the link above or contact:

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Please note, this study has been reviewed by, and received ethics clearance, through City, University of London Ethics Committee. If you would like to raise concerns about any aspect of the study, please contact Annah Whyton, Research & Enterprise Office, City, University of London, Northampton Square, London, EC1V 0HB, Email: senaterec@city.ac.uk.

