

BACP New Researcher Award 2026

Are you currently doing research as part of your training? Or have you completed a research project within the last 24 months?

Research that is relevant to practice is vitally important in our field. Don't let your research sit on a shelf and gather dust. Share your work and let your contribution to counselling, psychotherapy and coaching be better known. Why not submit your research for the 2026 BACP New Researcher Award?

Eligibility

Submissions are invited from individual researchers who are current full-time or part-time registered students, or those who have graduated in the last 24 months. Submissions may be co-authored (e.g. with a research supervisor) **but you must be the first author and a previously unpublished researcher in our field at the time of submission for the award.** You may submit research that is under consideration or accepted for publication in a scholarly journal (you will be asked to verify this at submission). All submissions must adhere to the word limit and guidelines below.

Guidelines

We are looking for submissions that demonstrate the following:

- The context for the research and relevance to the field of counselling and psychotherapy
- Clarity of research aims and research question
- Use of methods appropriate to the research question
- Discussion of ethical issues associated with the research
- Considerations given to issues of equality, diversity and inclusion
- Clear presentation of findings/results
- Discussion of findings linking to existing research and relevant theoretical framework(s)
- Appropriate conclusions
- Contribution to knowledge
- Implications for counselling and psychotherapy practice

Manuscripts should not exceed 7,000 words including tables, references, captions, footnotes and endnotes. An abstract of no more than 250 words should accompany your submission. 4 to 6 keywords that capture the key aspects of your study should be placed below the abstract. The [APA style guidelines](#), 7th Edition, should be used to cite and reference sources. Please include with your submission a statement that confirms the research to be your own and that the paper primarily represents your own writing.

How to apply

Send your submission as a Word document to research@bacp.co.uk by 23:59 16 November 2025.

Submissions will be anonymised and considered by a peer review panel consisting of independent academics and the BACP Head of Research, and the results notified in January 2026.

The winner will receive an award certificate, £250 in book tokens, and a free delegate place at the BACP Annual International Research Conference in London, 15-16 May 2026, where the award will be announced.

At the discretion of the peer review panel, a runner-up prize may be awarded.

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