

# CPCAB Counselling Research Award 2026

**Submission deadline: 23:59, Sunday 2  
November 2025**

## **Aim of the Award**

The aim of the CPCAB Counselling Research Award is to assist with the dissemination of research that has important implications for counselling training or counselling practice. Through highlighting significant research, documenting it on video and disseminating it for free online, the Award aims to make the research accessible and engaging to all counselling trainees and practitioners.

## **The nature of, and eligibility for the award**

The Award is in the form of a video documenting the research which is made available to watch for free online. All research submitted to the BACP annual research conference is eligible to be considered for the Award.

## **The judging process**

Research will be judged on the importance of its findings for counselling training and/or counselling practice. BACP will assess the research abstracts it receives and draw up a shortlist for CPCAB to consider. CPCAB will then make the final selection.

## **Acceptance of the Award**

We recognise that some researchers will not want to be involved in the production of a video on their research. For this reason the recipient will be asked either to formally accept the Award within seven days, or to opt out. Should the recipient opt out then the Award will be conferred on the research which came second in the judging process. If the Award is given to a research team then the team must nominate one member to liaise with the video producer in the pre-production of the video who will also normally appear in the video itself.

## **Presentation of the Award**

The Award will be presented at the BACP annual research conference which normally takes place in May. An extract from the video will be shown at the subsequent year's conference.

## **Video production process**

### **Pre-production:**

The video producer will liaise with the researcher, or the representative(s) of the research team, in planning the production of the video. The pre-production process will normally complete by the summer.

### **Production:**

This will normally involve a morning's filming with the researcher, or the representative(s) of the research team, at the CPCAB's studio in Somerset and so researchers who live in other parts of the country may need to travel to the studio the evening before the filming. CPCAB will pay for the researcher's travel expenses and, if required, accommodation and subsistence expenses. Alternatively, in special circumstances, it may be possible to arrange for the filming to take place during a half day visit to the researcher's institution. Filming will take place on an agreed date and normally no later than the Autumn.

### **Post-production and signing of the release form:**

A draft edit of the video will be sent to the researcher for feedback. Once the edit has been agreed, a release form will be sent to the researcher for his or her signature.

## **Rights**

Researchers and their institutions will continue to own the copyright of their research. It might be helpful to view this award as CPCAB producing and disseminating a form of documentary about the research. CPCAB will therefore own the video copyright and editorial rights.

## **Dissemination**

Once the researcher's release form has been received, the video will be made available to watch for free online. It will be accessible on the CPCAB and BACP websites and will also be made available on the Counselling Channel's YouTube and Vimeo channels. The researcher, or research team, may also wish to post links to the video from their individual or institutional websites.