

## **Participant Information Sheet (Expert)**

### **Research study: Young People Counselling Process Questionnaire**

We thank you for your time in reading this information sheet. This research aims to develop a questionnaire to measure young people's counselling processes. We want to share information about the study and would like to know if you would be interested in participating.

#### ***What is involved in this study?***

We are inviting experts in the field to participate in an online survey (lasting 20 minutes to an hour) to rate questionnaire items designed to measure young people's counselling processes. Participation in this research survey is voluntary. If you consent to take part and change your mind, you can still leave the study at any point without providing a reason until November 15, 2025. At the beginning of the survey, you will be asked to enter a memorable participant code, which you could quote to withdraw from the study. If you decide to leave the survey after this date, your data may be used in an aggregated form.

#### ***What are the possible benefits of taking part?***

The information gathered from this research will contribute to building knowledge on young people's counselling experiences and hopefully benefit those who access counselling services.

#### ***What are the possible disadvantages or risks involved in taking part?***

There are no expected risks associated with participating in this research study. However, some participants may experience discomfort giving up some time to participate. If you feel uncomfortable, you can withdraw from the study without providing a reason.

#### ***Confidentiality***

All information provided will be kept confidential and only accessible to research team members. Data collection, storage, and processing will comply with the principles of the UK's General Data Protection Regulation 2018 and have been approved under the procedures of the University of Roehampton's Ethics Committee.

#### ***Anonymity and data storage***

All data generated from this study will be stored securely to the highest possible standard of confidentiality. Anonymised data generated from this study will be stored according to Roehampton University's Data Retention policy and may be used for publication, presentations, subsequent research projects, or data analyses. Research data will be retained for at least ten years after the completion of the project in 2025.

#### ***What will happen to the results of the research study?***

The results of this research study will be written up in partial fulfilment of the requirements for the Doctorate in Counselling Psychology from the University of Roehampton. The results of this research may be published in academic journals, presented at conferences, or used for teaching purposes.

#### ***Who is organising the research?***

The School of Psychology at the University of Roehampton is conducting this research. The project has been approved by the University of Roehampton's Ethics Committee.

**Please note:** If you are concerned about any aspect of your participation or other queries, please raise this with the investigator. However, if you want to contact an independent party, please get in touch with the Director of Studies or the Dean of the School.

Thank you for your time in reading this information sheet.

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