

Call for Participants

Between Worlds: Exploring Multiracial Identity Integration and Professional Confidence Among Mixed Race Counsellors and Counsellors-in-Training

Are you a counsellor or counsellor-in-training who identifies as mixed race?

I'm conducting a diploma research project exploring how mixed-race counsellors experience the integration of their cultural identities and how this relates to professional confidence and belonging in counselling practice.

What's Involved?

- Complete a short anonymous online survey (5–10 minutes)
- Optionally, take part in a 30–45 minute confidential online interview
- Participation is voluntary and you may withdraw at any time before data analysis.

You're eligible if you:

- Identify as mixed race
- Are aged 18 or over
- Are a qualified or trainee counsellor based in the UK

Interested?

Visit the survey link below to take part:

<https://docs.google.com/forms/d/e/1FAIpQLScRCvMqaOZ7CKkQ1MbqUslLBu8XbcNiWESYTAyLgdcDDxtiew/viewform?usp=dialog>

For questions or to volunteer for an interview, please contact:

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This research has been reviewed and approved in accordance with the BACP Ethical Framework for the Counselling Professions (2018).