

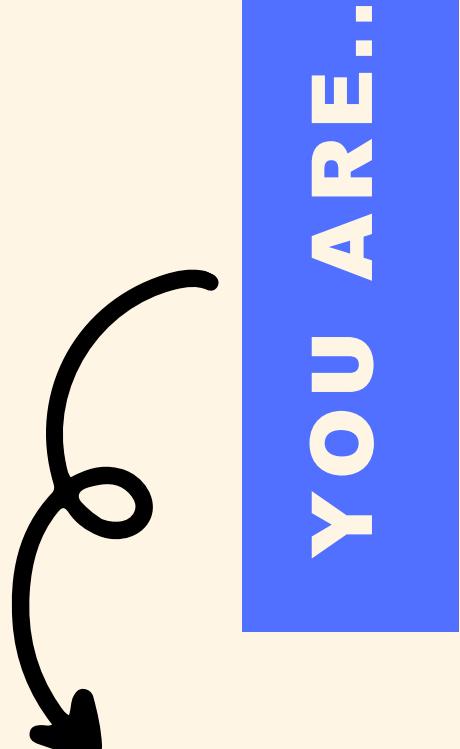
# HOLDING UP THE VIRTUAL MIRROR



## **WHAT IS IT LIKE TO SEE AN IMAGE OF YOURSELF ON SCREEN DURING ONLINE THERAPY SESSIONS?**

This research invites you to reflect on your experience of your virtual image as a therapist and explore what it means for your therapeutic practice and relationships.

**One-to-one interview | ~1 hour | Online**



- an integrative psychotherapist
- working online with self-view feature
- qualified since March 2022 with BACP or UKCP

**FIND OUT MORE:**

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