

RESEARCH PARTICIPANTS NEEDED

Researcher Details

Name: Lydia Surridge

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I am conducting research to better understand how therapists use **self-disclosure of eating disorder lived experience** when working with clients with disordered eating.

Participant Criteria

Are you a counsellor or psychotherapist with lived experience of an eating disorder?

Have you ever self-disclosed your eating disorder lived experience to a client who is experiencing disordered eating?

Would you like to be part of research exploring your experience of self-disclosure?

Are you over 18 years-old?

If the answer to all these questions is yes, please contact me via email for further information. Thank you and I look forward to hearing from you!

What the research entails

You will be asked to partake in a one-to-one interview which will last around 45-60 minutes. Within this, I will ask you a series of semi-structured questions with the aim of understanding your experience of self-disclosure.



**University of
East London**