Research Conference 2026: Collaboration for a just society - Multidisciplinary research in counselling and mental health

This programme is subject to change and may be amended up to and including the event day. Please use this information as a guide for the research presentations available at the conference.

Book to attend:

RC2026NEW-Research Conference 2026 - BACP - British Association for Counselling & Psychotherapy

All booking options for this event include access to a three month on-demand service, providing you with access to the recordings from the in-person event (Strand one on both days), plus a range of on-demand only content.

Thursday 14 May 2026 - Pre-conference workshop - held in person at the University of East London, 1 Salway Rd, London E15 1NF	
13:30 - 14:00	Registration
14:00 - 18:00	panel discussion featuring eminent researchers in the field, a choice of workshops about practice-related research and a showcase of student research projects in progress.

Friday 15 May 2026 - The Marble Arch by Thistle hotel, Bryanston St, London, W1H 7EH.						
09:00 - 09:30	Registration.					
	Plenary Session: Hyde Park					
09:30 - 09:45	Welcomes 15 mins					
09:45 - 11:00	Keynote presentation: **Rachel Tribe** *Why does research matter?*					
11:00-11:20	**Refreshments, poster and exhibition viewing**					
	Strand 1: Hyde Park	**Strand 2: Green Park**	**Strand 3: Bond Street**	**Strand 4: Marylebone**	**Strand 5: Serpentine**	**Strand 6: Oxford Street**
11:20-12:20	Discussion paper or Methods Workshop 60 mins	Discussion paper or Methods Workshop 60 mins	Symposium 1	Discussion paper or Methods Workshop 60 mins	Symposium 2	Discussion paper or Methods Workshop 60 mins
12:30-13:00	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins		Research Paper or Discussion 30 mins		Research Paper or Discussion 30 mins
13:00 - 14:00	**Lunch**					
14:00 - 14:45	Policy Discussion 45 mins					
14:55 - 15:25	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins
15:35 - 15:50	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins
15:50 - 16:10	**Refreshments, poster and exhibition viewing**					
16:10 - 16:40	Research Paper or Discussion 30 mins	Discussion paper or Methods Workshop 60 mins	Discussion paper or Methods Workshop 60 mins	Discussion paper or Methods Workshop 60 mins	Discussion paper or Methods Workshop 60 mins	Discussion paper or Methods Workshop 60 mins
16:50 - 17:20	Research Paper or Discussion 30 mins					
17:30 - 18:00	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins		2 x 15 min Lightning Talks	2 x 15 min Lightning Talks
18:00 - 18:30	**Break**					
18:30 - 19:30	Drinks reception, Awards presentations and Poster presentations					
19:30 - 21:00	Conference Dinner					

Saturday 16 May 2026 - The Marble Arch by Thistle hotel, Bryanston St, London, W1H 7EH.						
09:00 - 09:30	Registration, poster and exhibition viewing.					
	Plenary Session: Hyde Park					
09:30 - 09:45	Welcomes 15 mins					
09:45 - 11:00	Keynote presentation: **Mark Dangerfield** *The ECID Project in Barcelona: implementation and evaluation of a multidisciplinary mental health intervention with high-risk adolescents*					
11:00 - 11:15	Refreshments, poster and exhibition viewing					
	Strand 1: Hyde Park	**Strand 2: Green Park**	**Strand 3: Bond Street**	**Strand 4: Marylebone**	**Strand 5: Serpentine**	**Strand 6: Oxford Street**
11:15-11:45	Research Paper or Discussion 30 mins	Symposium 3	Discussion paper or Methods Workshop 60 mins	Discussion paper or Methods Workshop 60 mins	Symposium 4	Symposium 5
11:55-12:25	Research Paper or Discussion 30 mins					
12:35-13:05	Research Paper or Discussion 30 mins		Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins		
13:05 - 14:00	Lunch					
14:00 - 14:30	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins
14:40 - 15:10	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	2 x 15 min Lightning Talks	2 x 15 min Lightning Talks
15:10 - 15:35	Refreshments, poster and exhibition viewing					
15:35 - 15:50	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins	Lightning talk 15 mins
16:00 - 16:30	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins	Research Paper or Discussion 30 mins
	Plenary Session: Hyde Park					
16:30 - 17:00	Conference close 30 mins					