



**ARE YOU A QUALIFIED
THERAPIST WITH
EXPERIENCE IN THERAPY
WITH BEREAVED
ADULTS WITH AUTISM
AND/OR ADHD?**

If so, would you like to take part in a study investigating the therapists' understanding of bereavement counselling through the clients' lens of autism and ADHD?

I'm Dr Ana Braid and I'm an MSc Psychotherapeutic Counselling student at Staffordshire University. I am looking for qualified therapists/counsellors to take part in a study exploring therapists' personal lived experiences of supporting bereaved adults with autism and/or ADHD. There is a lack of qualitative research into how therapists adapt and reflect on grief models and counselling modalities when working with bereaved adults with autism and/or ADHD. The objective of the study is to enhance professional knowledge, inform future training and support the development of neurodiversity-affirming bereavement therapy.

Ethical approval for this study has been granted by Staffordshire University's ethical panel.

I am interested in your professional experience, thoughts and understanding of grief theory in relation to bereaved adults with autism and/or ADHD and your reflections on the implementation of ways of working with this client group.

The study will require you to give 1h of your time to take part in a semi-structured interview conducted online using Microsoft Teams at a time convenient for you.

Participant requirements

- Be over 18 years of age.
- Be a qualified, practicing counsellor/therapist in the UK registered with BACP, BPS or UKCP.
- Worked with a bereaved adult client with autism and/or ADHD

How to participate

If you would like to take part, or wish to have more information, please contact me on my university address:
p020152n@student.staffs.ac.uk

Thank you for your time and I look forward to hearing from you!