

# RESEARCH PARTICIPANTS NEEDED

TO HELP ANSWER THE QUESTION:



## How do therapists create felt-safety within couples therapy?



### WHO CAN PARTICIPATE?

Qualified psychotherapists/ counsellors registered with an accrediting body; with two years post qualification experience of couples therapy work; and trained in a couples therapy model. Ideally with existing access to personal therapy/ pastoral support.

### PARTICIPATION ENTAILS

If you decide to participate in this research, you will be invited to take part in a 40-60 minute semi-structured interview over Zoom.

This qualitative research using a methodology of Interpretative Phenomenological Analysis aims to explore your experience of creating felt-safety for your clients within couples therapy; and how you make sense of felt-safety. The study also aims to identify principles that can enhance a couple's experience of felt-safety both within couples therapy and within their relationship; increase professional knowledge for couples therapy work and inform training to improve the experience of felt-safety for couples within therapy.



### ENQUIRIES TO

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WAVERLEY  
ABBNEY  
ANCIENT SPARK NEW FIRES



### SCAN THE QR CODE OR USE THE LINK TO REGISTER YOUR INTEREST

Scan the QR code or use the link below to register your interest in participating in this research. By registering you are not agreeing to participate. You will be sent an information sheet and invited to a 10-minute screening call to ensure our definitions of felt-safety align. Participants will be selected on a first come, first served basis, if they meet the screening criteria. You will be asked to complete a brief task in preparation for the semi-structured interview. Your identity will remain anonymous. Link: <https://forms.office.com/e/C9PiYNrhpD>