



Seeking Counsellors for Grief Research Study

The Research

An interpretative phenomenological study exploring how a counsellor's lived experience of grief and their cultural background shape the therapeutic relationship when working with bereaved clients.

Who Can Take Part?

If you fit the criteria below and are interested in taking part, please get in touch (details at the bottom).

- Qualified or trainee counsellor.
- Experience working with bereavement and loss.
- Actively engaging with supervision.
- Have a spare hour available.
- Be willing to participate in a recorded video interview via Microsoft Teams.
- Registered member of a recognised professional counselling body (eg. British Association for Counselling and Psychotherapy).

Ethical Considerations

This research is for a BA (hons) in Integrative Counselling Practices and has been approved by Bishop Auckland College. The research will be carried out in line with the BACP's ethical guidelines for research under the guidance of a research supervisor. All participants will receive an information sheet outlining the full purpose of the study and any risks involved. Participants will be required to sign a consent form to take part in this study and will have the right to withdraw their consent within 2 weeks of completing their interview, after which any data will be used. All data will be anonymised and stored on Bishop Auckland College's secure server. The study aims to interview 4-6 counsellors from a range of different cultural backgrounds. Once enough participants from any given background have taken part, further participants from that background may not be required.

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