



Are you a Counsellor who has experienced humour during work with a client? If so, this study may be of interest to you.

Have you experienced humour whilst working with a client in a person centred way? If so, and you are willing to give up an hour of your time, please participate in a Masters Clinical Counselling research project that could give understanding and guidance to support Trainee Counsellors, Trainers, Counsellors and Clients. This research study could facilitate increased discourse and so enhance training, practice and raise ethical awareness.

Research Study

A qualitative exploration of how counsellors working in a person centred way experience humour during therapy, and perceive its potential effects on the therapeutic relationship and their practice.

Eligibility Criteria

- Are you a Counsellor working in a person centred way?
- Do you have experience of client work in which humour played a significant, interesting or repeated role?
- Are you registered with the BACP or NCPS?
- Have you qualified at post graduate diploma level or above?
- Do you have +100 hrs of counselling experience?
- Are you resident in England or Wales?
- Are you sufficiently fluent in English to be able to engage in the research?

If your answers are all yes

If you answered yes to all of the eligibility criteria and are happy to share your experiences, then please express your interest to Joy Barnett by emailing 2314164@chester.ac.uk. In reply you will receive a Participant Information Sheet with more details of the study. You will then be asked to participate in a one hour recorded interview via Teams. Details of the semi structured interview are provided on a Participant Information sheet so that you can understand what you will be asked to share of your experiences and reflect upon before committing to participate.