

## RESEARCH PARTICIPANTS WANTED

# How do therapists experience Routine Outcome Measures?

We are inviting **qualified and trainee psychotherapists and counsellors** from any modality or practice setting to share their experiences and perspectives on Routine Outcome Measures (ROMs).

*Whether you use ROMs in your practice or not, your perspective is valuable.*

## WHAT'S INVOLVED

- ◆ **An anonymous online survey** (15–20 minutes) covering attitudes, experiences, clinical utility, and the ethical and cultural dimensions of ROMs.
- ◆ **An optional follow-up interview** (45–60 minutes) for those who would like to explore the topic in greater depth.

## WHAT WE'RE EXPLORING

Practitioners' lived experiences of the benefits and challenges of ROMs, how therapeutic modality shapes their use, and how emerging technologies — including AI — may reshape ROM practice in the years ahead.

### TAKE PART

## Scan to open the survey

Or visit:

[yorks.je.qualtrics.com/jfe/form/SV\\_2cyER1PlyxqEbbQ](https://yorks.je.qualtrics.com/jfe/form/SV_2cyER1PlyxqEbbQ)



Participation is entirely voluntary. All data is anonymised, and you may withdraw at any time up to 30 June 2026.

**Ethics approval:** ETH2526-0191, granted 11 March 2026 by York St John University.

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