

# DREAMWORK

Participants wanted!

Are you a counsellor who has used dreamwork in your practice?  
Would you like to reflect on your experience?

I'm Tom, and I am an MSc Counselling student with the University of Northampton. I am conducting this level 7 dissertation research project to explore the application of dream work in counselling practice.

Dream work takes many forms, but primarily involves the exploration of dreams, through emotion, imagery, and sensation, with the aim of gaining insight into the unconscious mind.

This study will explore your experiences and perceptions of...

- How you felt personally when working with dreams.
- Your perceptions of your competence or training.
- Your perceptions of how useful dreamwork is, in terms of client process.

This will be explored in a one hour online interview.

## Criteria for participation:

- You are registered with the BACP or UKCP.
- You are currently in practice.
- You work with clients who are 18 and older.
- You have used dream work with client in at least one session.