

Therapy in Nature

I'm a master's student conducting research into the practice of counselling and psychotherapy outdoors.

My research aims to explore the portability of therapeutic competence from the therapy room to nature...



Seeking research participants

Are you:

- Practising counselling & psychotherapy outdoors in nature?
- Registered with a recognised professional body?
- Based in the UK?
- Interested in sharing your experience in an online interview?

If so, please scan the QR Code for information.

Thank you.