

Invitation to Participate in Research

I am seeking registered and qualified counsellors and psychotherapists with a minimum of 2 years post qualification experience to participate in a **one-to-one online interview lasting between 60-90 minutes**.

Participation is voluntary and all **data will be anonymised**. You can withdraw your data up to three weeks after the interview.

Interested in taking part?

For further information or to register your interest in the study, please click [here](#) or contact Kehinde Brown u3228684@uel.ac.uk



University of
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I am a MA Counselling and Psychotherapy student conducting a **qualitative research study exploring how counsellors and psychotherapists navigate and make sense of the apparent symptom overlap between trauma responses and neurodivergent (autism, ADHD) traits**.

By exploring therapists' clinical experiences and perspectives, the research aims to contribute to a deeper **understanding of working with and differentiating between trauma responses and neurodivergent traits**.

The study findings aim to lead to new insights that will inform professional practice on how to recognise trauma while respecting neurodivergence.