

Thank you for taking the time to read this information sheet.



## **Participant Information Sheet**

### **Participant Information**

I would like to invite you to take part in a research study. Before you decide to participate you need to understand why the study is being undertaken and what it would involve for you. Please take time to read the following information carefully. Ask questions if anything you read is not clear or you would like more information. Take time to decide if you would like to participate. Your contribution will be valued and is entirely voluntary. Your data will be kept securely and any data given will be presented anonymously.

### **What is the Study About?** *(What are you researching?)*

My research will explore how qualified BACP-registered counsellors understand and work with adults who were bullied in childhood. I am looking to ascertain how clients present with these experiences and if the counsellor's choice of modality facilitates the disclosure of childhood bullying. I feel that there is limited research on how counsellors understand and work with these experiences.

### **Why is the study being carried out?** *(Explain why you are doing this study)*

I am an undergraduate student on a BA (Hons) Integrative counselling degree at New City College, Ardleigh Green Campus. I feel that there is limited research on how counsellors understand and work with adults who have experienced peer bullying in childhood. Peer bullying is taking place online and offline, and my hope is that my research will promote useful discussions and a deeper understanding of how counsellors work with this client group.

### **What you would do if you agree to participate in the study?** *(Would the participant be interviewed, observed or complete a questionnaire?)*

To participate in this study, you will be asked ten questions online via Microsoft Teams. These questions can be sent in advance or asked on the day of the mutually arranged interview, which will take no more than one hour.

### **Do you have to take part**

No, participation is entirely voluntary. If you do decide to take part, you will be asked to sign a consent form to confirm that you agree to do so. You are free to withdraw at any time, but no later than 4 weeks before the project/dissertation hand in date, which is 30/04/27 without giving a reason and without fear or favour. If you withdraw, then any evidence/data collected from you will not be used and will be destroyed.

**Researcher Contact details:** Researcher Email address: [19236141@students.ncclondon.ac.uk](mailto:19236141@students.ncclondon.ac.uk)  
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### Appendix 3 Participant Consent Form



### **PARTICIPANT CONSENT FORM**

To be completed by the participant. If the participant is under 18, to be completed by the parent / guardian / person acting *in loco parentis*.

Title of Study: \_A small-scale qualitative study of how counsellors understand and work therapeutically with adults who were bullied by peers in childhood.\_

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