

Invitation to Participate in a Research Study



Research Question: How might counsellors who are Christians experience the relationship between Christian contemplative practices and their therapeutic presence with clients?

Are you

- A UK qualified counsellor or psychotherapist (trained at Diploma level or above) residing in the UK who has been practicing for at least 2 years?
- A person with a Christian faith whose beliefs align with the Nicene creed [accessible here](#)?
- A member of BACP, ACC, UK CP or equivalent?
- Willing and able to participate in an online interview in English via Microsoft teams/zoom which will be recorded?

Do you

- Regularly undertake Christian contemplative practices (typically daily) as part of your personal devotions?
- Feel comfortable talking about your experience on the relationship of these practices to your therapeutic presence with clients?

If so I'd love to hear from you. You can contact me at

Judith.MacDonald@waverleyabbeycollege.ac.uk.

What's involved?

- You will be asked to participate in a semi-structured interview for about an hour. Prior to the interview to check your eligibility you will need to complete and return the screening form [respond here](#)
- This research is aiming to look at how contemplative practices might relate to a counsellor's therapeutic presence with clients and is being conducted as part of a Masters in professional counselling, theory and practice at Waverley Abbey College.
- Full details of what this involves are provided on the Participant Information sheet [\[here\]](#) You will be provided with a consent form for review and signature prior to taking part.

Thank you for taking the time to consider participation. I look forward to hearing from you.

Judith Macdonald