

CALL FOR RESEARCH PARTICIPANTS

Between Reality and Possibility:
A Hermeneutic Phenomenological
exploration of Imagination in the
therapy room.

Research Aims

This qualitative research study aims to explore therapists' lived experiences of spontaneous imaginative moments within the therapy room, examining how they arise and the ways they may influence the therapeutic process.

Eligibility Criteria

- Qualified therapist / counsellor with sufficient experience of spontaneous imaginative moments within therapy sessions.
- Registered member of a counselling / psychotherapy professional body (BACP, UKCP, NCPS etc.)

Participation

Interviews will take place either online via Microsoft Teams or in person in a confidential space (location TBC), depending on where you are based. Each interview will last up to 90 minutes and will be video-recorded with your informed consent. All information will remain confidential and data will be anonymised.

Sarah Goss
SMBACP

Masters in Psychotherapy Studies

Bishop Auckland College

If you
would like to participate
and / or would like further
information, please contact me via
email:
213308@student.bacoll.ac.uk

Lindsey Moses
Research Supervisor
Lindsey.moses@bacoll.ac.uk

Ethical approval for this
research has been granted by



Ethics number:
BAC2026/213308/01