

Volunteers Needed

We are looking for psychoanalytically informed trainees to take part in an interview-based research study exploring experiences of having undergone remote personal talking therapy.



This research is being conducted by **Dr Amanda Diserholt, Ms Ariadna García Llorente, Mr Michael Hornsey, Dr Tammy Dempster** from **Canterbury Christ Church University (CCCU)** and **Professor Calum Neill** from **Edinburgh Napier University (ENU)**.

The study has received ethical approval from CCCU and ENU.

To participate, you must:

- ✓ Be 18 years old or older & fluent in English
- ✓ Live in the UK
- ✓ Be currently enrolled in a psychoanalytically informed training programme (e.g. IPA accredited institution or equivalent)
- ✓ Have undergone a significant* amount of personal talking therapy (e.g. online or over the phone) at some point in the past 3 years

*enough to be able to talk about these experiences in-depth

What does it involve?



Participation will involve a single **one-to-one online interview** with one of the researchers lasting around **60-90 mins**.

Interviews will be confidential and anonymised in reporting. The interview will ask about your experiences of having undergone remote personal talking therapy and how you think it might have influenced your development as a trainee.

For more information and to participate, click the following link or scan the QR code:



https://cccuniversity.qualtrics.com/jfe/form/SV_bIWJcZ76WDlrW6O



For questions or issues, contact the research team:
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