

What does feeling safe in supervision mean to you?

A study exploring psychological safety in in-house counselling supervision

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If you would like to participate or would like further information, feel free to contact me via email: 213594@student.bacoll.ac.uk

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Ethical approval for this research project has been granted by Bishop Auckland College

PARTICIPANTS WANTED FOR AN IPA STUDY

Research Aims - This qualitative study, using Interpretative Phenomenological Analysis (IPA), aims to explore how therapists experience and make sense of psychological safety within in-house clinical supervision. It will explore what helps or makes it difficult to be open and reflective in supervision, and how the wider organisational context and overlapping professional roles may shape these experiences.

Eligibility Criteria

- Qualified Therapist currently working within a UK counselling organisation.
- Receiving in-house clinical supervision provided by the organisation.
- Registered member of a professional body such as the BACP, NCPS, or UKCP.

I am interested in hearing a range of experiences, both positive and challenging

What does participation involve?

Participation involves a one-to-one research interview lasting approximately 60 minutes. Interviews can take place online via Microsoft Teams or in person, depending on your location and preference.

Recording and confidentiality:

With your informed consent, the interview will be recorded for transcription. Your identity and the identity of your organisation will be kept confidential, and identifying information will be removed from transcripts and research outputs.

I am based in Middlesbrough and happy to travel within a reasonable distance for in-person interviews or teams can be used.