

PARTICIPANT INFORMATION SHEET

You are invited to take part in a research study conducted by Emma Phillips @ Bishop Auckland College. The study will explore....

How therapists experience and make sense of psychological safety within in-house clinical supervision. Using Interpretative Phenomenological Analysis.

Before you decide to take part in this research study it is important to understand why the research is being conducted and what it will involve if you choose to participate.

What is the purpose of this research study? The purpose of the study is to explore how therapists experience and make sense of psychological safety within in-house clinical supervision. It specifically looks at how therapists navigate openness, trust, and the impact of dual relationships (where a supervisor may also be a manager) on their professional development.

Why have I been invited to take part in this research study? You have been invited because you meet the eligibility criteria: you are a Qualified Therapist currently working within a UK organisation and receiving in-house clinical supervision. You are also a registered member of a professional body (BACP, NCPS, UKCP etc.).

Do I have to participate in this research study? Participation is entirely voluntary. If you decide to take part, please keep this Information Sheet and complete the Informed Consent Form. You remain free to withdraw without giving a reason, up to 7 days after your interview has taken place.

Are there benefits to participating? By sharing your experiences you are supporting research into the conditions that enable (or hinder) reflective practice and safety in in house clinical supervision. This helps the researcher and the profession gain more understanding of the lived experience of in-house supervision.

If I decide to participate, what will happen? I will contact you to confirm your selection and send a consent form. We will then agree on a convenient time for a 60-minute interview. This can be done online via Microsoft Teams or in person (as I am based in Middlesbrough and happy to travel locally). The interview will be recorded and transcribed with all identifying data removed.

Are there risks involved? There are no significant risks. However, discussing organisational experiences or dual relationships may lead to reflection on your practice or values. Should any discomfort arise, you are encouraged to seek support from your clinical supervisor, your professional body or support network such as your personal therapist or seek support from organisations such as MIND

Confidentiality and data protection? All data will be processed according to GDPR Guidelines and stored on a secure, password-protected drive. Your identity and the identity of your organization will remain strictly confidential and will be fully anonymized in the final research.



Who can I contact? If you have any questions, please contact me, Emma Phillips at 213594@student.bacoll.ac.uk. (BAC213594/01)

Or my Research supervisor Lindsey Moses at Lindsey.moses@bacoll.ac.uk