



MA RESEARCH STUDY

Participants needed

Are you a UK-based psychotherapist or counsellor with experience working therapeutically with older adults (65+)?



I am a Master's student at the University of East London conducting research for my dissertation project. The study explores how therapists experience and make sense of therapeutic work with older adult clients in private practice. This research aims to contribute to a better understanding of an underrepresented area of therapeutic practice.

WHAT PARTICIPATION INVOLVES

Completing a short 3–5 minute questionnaire

Taking part in a 50–60 minute online interview (Microsoft Teams)

Reflecting on your experiences of working with older adult clients in private practice

INCLUSION CRITERIA

To take part, you must be:

- A qualified psychotherapist or counsellor
- Currently practising in the UK
- With minimum two years post-qualification experience
- Working in private practice (solely or alongside other employment)
- Having worked therapeutically with at least one client aged 65+ in the past 12 months

EXCLUSION CRITERIA

You cannot take part if:

- You are currently in training
- You have not worked with any clients aged 65+ in the past year
- Your work with older adults occurred only in organisational settings (not private practice)

Interested in taking part? Please contact:

u1928810@uel.ac.uk

Researcher: **Elizabeth Ayers** (MA student) · Supervisor: **Dr Luis Jimenez**

Scan to
email

