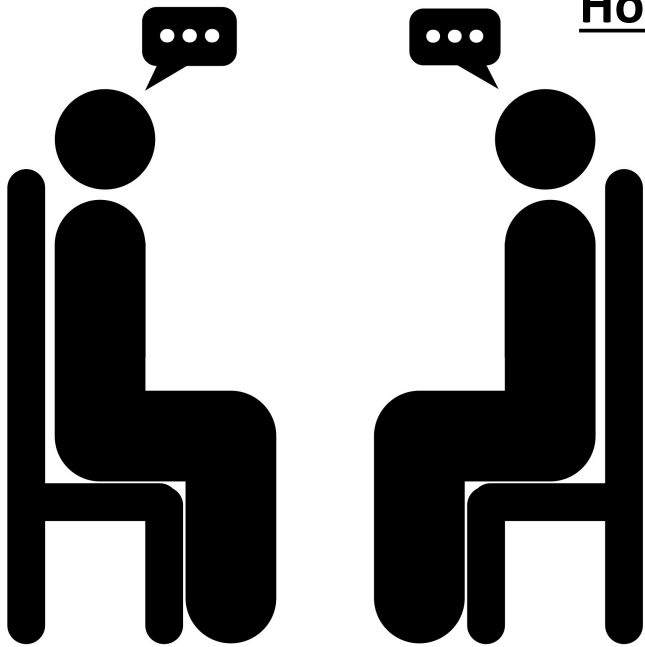


# Integrative Counsellors Needed for Research Study



‘How do you navigate psychotherapeutic  
depth when using cognitive-  
behavioural and psychodynamic  
approaches to client anxiety?’

Volunteers are needed to take part  
in some interviews where you can  
be frank and honest

**Who?** If you are an integrative counsellor using both cognitive-behavioural and psychodynamic approaches in your therapy then you can be part of this research project.

**Why?** I am interested in finding out about what works and how for clients with anxiety issues when you integrate cognitive-behavioural and psychodynamic approaches. I also want to look at the contrast between achieving surface-level, first-order change and more in-depth, second-order change.

**Where?** Interviews will be held face-to-face at a mutually convenient location or online.

## Interested?

**Contact the main researcher:**

**Dr Nick Weaver**

(PhD; BACP member; RMN)



**email:**

**[nick.weaver@waverleyabbeycollege.ac.uk](mailto:nick.weaver@waverleyabbeycollege.ac.uk)**

**tel: 07340 010 835**

**For further details click this link for:**

**[Participant Information Sheet](#)**



**WAVERLEY  
ABBEY**

ANCIENT SPARK NEW FIRES

(Images source: Creative Commons Attribution 4.0)