**Making Connections, Cardiff – 12 July 2018, Cardiff Marriott, CF10 1EZ**

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| **10:00 – 10:30** | **Registration**  |
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| **10:30 – 10:45**  | **Welcome**Myira Khan & Una Cavanagh – *BACP Governors*  |
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| **10:45 – 11:10** | **Nicola Forshaw – BACP Professional Standards Development Facilitator****What is SCoPEd: Your Information & Involvement** |
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| **11:10 – 12:00** | **Nicola Blunden – Ethical decision making in supervision**Ethical dilemmas often raise our anxiety as practitioners. Supervision is the space where we can take these complex and nuanced situations, to be explored slowly and in rich detail, so that the various consequences of our possible choices can be carefully thought-through. To ensure that we have provided a good enough space for this deliberation, supervision can fall back upon one of its founding models, the Cyclical Model, developed by Steve Page and Val Wosket. This model is commonly used in supervision to structure and guide sessions. When we understand and use the model ourselves as supervisees, we can become better informed partners in our supervision. As supervisors, this model helps us to hold and boundary the reflective process, ensuring that supervision is time well spent. In this session, I’ll introduce you to the model, and how it can be blended with the BACP’s excellent tool for ethical decision-making.Nicola is a counsellor and psychotherapist with twenty years’ experience in private practice, commercial and voluntary settings. She is a supervisor to therapists and allied professionals. In addition, she is course leader for the Masters Programme in Consultative Supervision, at the University of South Wales, where she also leads the research and dissertation masters’ stage of the counselling programmes. She values compassion, transparency, and presence, and hopes to embody these qualities in all her professional settings. She is currently working on two research projects: supervisee wellbeing; and the co-production of a supervision ethics framework for health and social care professions. |
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| **12:00 – 12:20** | **Local member two minute platforms** 1. Amanda Collins – South Wales Police Collaboration with the MIND Cymru ‘Blue Light Project’2.Steve Mulligan – BACP Policy and Engagement Lead – Four Nations3.4. |

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| **12:20 – 13:20** | **Light lunch** |

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| **13:20 – 13:30** | **Introduction of ‘Connecting together’** |
| **13:30 – 14:00** | **Lynne Neagle, National Assembly for Wales – Mind over Matter report** |
| **14:00 – 14:45** | **Connecting together** The room will be divided into different areas of interest, by table, to offer the opportunity for more focused and structured networking. Delegates are encouraged to move around the room and engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests. If your area of interest is not represented, there will be the opportunity to add a new table. |

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| **14:30 – 14:45** | **Refreshments will be available during this time** |

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| **14:45 – 15:45** | **Pauline Andrew – Integrating artwork in counselling**A lively, illustrated talk on the power of using pictures, artwork and fairy tales to access unconscious material.Drawing on Gestalt principles, artwork can address unfinished business and help clients explore aspects of the self in a powerful and dynamic way. *“What are you seeing?”* is often a more helpful question than *“What are you feeling?”* andPauline will show how to encourage the client to discover their own powerful symbolism. The talk will include casework examples and she will describe her own journey in working creatively. Includes what to do with resistant/fearful clients, ethical considerations and the impact on the counsellor/client relationship. Pauline Andrew is Director of Deep Release and Managing Director of Barnabas Counselling Training. She trains counsellors and supervisors up to Diploma level. She has a BA (Hons) in Modern Languages, a Masters in Counselling and Psychotherapy, and a Diploma in Supervision. Her lively, interactive, vividly illustrated and often humorous training style has proved popular around the UK and in Europe on a wide range of topics relating to counselling. Pauline also teaches the L5 Certificate course in Integrating Creative Interventions in Counselling. She has a counselling and supervision practice in Essex. She is married to Chris and they share three grown up children and five grandchildren. |
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| **15:45 – 16.00** | **Event close** |