

# Working with suicide in multi-disciplinary teams

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# Key Issues

- What expectations come with different roles in a service with different professional identities?
- How to facilitate collaboration?
- Explore the impact of MDT working on confidentiality
- Coordination between local providers
- Relationship with local health services

# The pro-active role of counselling services

- Embedded Counselling Services
- Attend inductions: raise awareness
- Talk to different staff groups
- Work with the student union or established student groups
- Phone up for advice about student/staff
- Reach out to students/staff
- Advising
- Evidence-based standards of practice
- Sharing good practice across the sector
- Demonstrate duty of care
- Contain anxiety

# Training

E-learning package - for staff

Charlie Waller

Memorial Trust

<http://learning.cwmt.org.uk/>

- In-house training @ Cambridge
- Supporting PhD students with Mental Health Difficulties
- Introduction to the UCS for New Tutors & Welfare Staff
- Attend college tutorial meetings

# Confidentiality

- Contracting
- What is the service's policy?
- Widening confidentiality: Who to include? When?
- Fitness to study
- Reviewing
- Recording changes

# Developing a collaborative crisis plan - BACP: Good Practice Resource

- Specific risk
- Specific protective factors
- Identify 'danger times' <sup>[L]</sup><sub>[SEP]</sub>
- Provide a specific list of available support
- Write collaboratively with the client <sup>[L]</sup><sub>[SEP]</sub>
- Encourage sense of 'ownership' and control
- Inclusive <sup>[L]</sup><sub>[SEP]</sub>
- Clear - review

# Multi-disciplinary team in practice

At the Counselling service:

- Mindfulness practitioner, counsellors, mental health advisors, sexual assault and harassment advisor, input from a psychiatrist

# Coordination between local providers

Counselling Service

Disability Service

GPs

Mental Health Services

College Nurses

Student Union

Other reps

Tutors



# Context specific

Mapping out Student support in your institution

# References

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