

The bandaged Place, (Rumi). What door might be opened into soul through our wounds and how might the gaze of soulful supervision help?

Hilda McKinney

---



- Bandage
  - The Skin
  - Wound
  - Door
  - Soul
  - Gazing Soulfully
  - Supervision
- 



# Definition 'The Bandage'

**A strip of cloth that is used  
to cover an injury on  
someone's body to protect it**

---



Skin

First Layer

## **The Epidermis**

It protects the internal parts of the body

Second Layer

## **The Dermis.**

It houses the blood vessels, hair follicles,  
sweat glands and the waste system

Third Layer

## **Hypodermis**

It contains the fibrous bands that attach the  
Dermis to your muscles and bones.  
Blood vessels larger.

---

# Wound: Physical

An injury to the body (as from violence, accident, or surgery) that typically involves laceration or breaking of a membrane (such as the skin) and usually damage to underlying tissues.

A mental or emotional hurt or blow.

---



## **Wound: Psychological**

**The harm done to a person's psychological well being by one or more events that causes major levels of distress.**

**Psychological wounding occurs usually in cases such as combat, rape or other abuse, extreme loss, and threat of personal injury or death**

---



- **Cognitive – Difficulty to think straight**
  - **Emotional – Profound emotional reactions**
  - **Behavioural – Withdrawn**
- 



# **An Emotional Wound**

**A negative experience (or set of experiences) that causes pain on a deep Psychological level.**

**It is a lasting hurt that often involves someone close: a family member, lover, mentor, friend, or other trusted individual.**

---





**Wounds may be tied to a specific event, arise upon learning a difficult truth about the world, or result from a physical limitation, condition, or challenge.**

---



# Door:

- Usually swinging or sliding barrier by which entry is closed or opened.
  - Signifies – Communication
  - Communication of truth
  - Open Door – to invite in
  - To permit someone to enter
  - To make move or passage easier for someone
- 



# Soul

# LIFE

- The spirit or immaterial part of human beings, the seat of human personality, intellect, will, and emotions, regarded as an entity that survives the body after death
  - Christianity. The Spiritual part of person, capable of redemption from the power of sin through divine grace
-

# SOUL

# LIFE

- The essential part or fundamental nature of anything a person's feelings or moral nature as distinct from other faculties
- Emotional or intellectual energy or intensity, especially as revealed in a work of art or an artistic performance.

Merriam-Webster.com

---



The Greek word 'Pneuma' means  
wind, breath, spirit;

Hebrew word 'Ruah' has the same  
wide meaning

Hebrew word for soul is Nephesh

---



Islam believes the light of God enters the soul at birth and is thought. It's about working to being good which will release our souls

---



Christian Scientists believe the  
soul is another name for God



Agnostics believe the soul is  
unknown and unknowable.

---





Atheists on the whole don't believe in soul as it can't be scientifically be proved to exist, but further reading does suggest that some Agnostics and Atheists believe we have a soul.

---



## **BLISSED**

- What brings us alive, blisses us out, fascinates us, excites us or gives us energy.

## **BLESSED**

- Who has blessed us about something?
- Who has told you, you were good at something, believed in you; supported you at critical and difficult times.

## **PISSED**

- What pisses us off? Righteous indignation?
  - What we think needs to be improved in the world or some injustice or wrong that needs to be righted.
-

# WOUNDED

What has wounded us (or our forbearers), that still affects us.

---



We all leave childhood with wounds. In time we may transform our liabilities into gifts. The faults that pockmark the psyche may become the source of a man or a woman's beauty.

The injuries we have suffered invite us to assume the most human of all vocations – to heal ourselves and others

Sam Keen (quoted in Keeping our Souls Alive) Bill O'Hanlon

---



Everyone has his own specific vocation in life....Therein he cannot be replaced, nor can his life be repeated. Thus, everyone's task is as unique as is his specific opportunity to implement it.

Viktor Frankl (quoted in Unstoppable, Cynthia Kersey, Source books Naperville. IL: 1998  
Cited in Keeping Your Soul Alive) Bill O'Hanlon

---



# Soulfully - Conmovedoramenta

- Movingly and touchingly
  - Full of or expressing deep feeling; profoundly emotional.
- 



# **Gaze Soulfully** – CONMOVEDORAMENTA

- To look at another
- Movingly or touchingly.



# Helpful supervision

## Responsible supervision

Clinical supervision can be a beneficial experience that can enhance the professional growth and confidence of both the supervisor and the supervisee.

---





## Helpful supervision

Keep in mind that the goal of the clinical supervision process, ultimately, is to enhance and support the best clinical skills and lead to Improved outcomes for clients

---



To really turn up for work, means to bring all of yourself into work, not just part of your brain, but your full emotional, sensing, relating, reflecting, experiencing being and not just turning up physically, but having your mind, body and spirit all engaged with what needs to be done.

Peter Hawkins cited in Introduction to Passionate Supervision

---



# Lauren's Song



# *Holy Encounters*

*‘When you meet anyone, remember it is a holy encounter. As you treat them you will treat yourself. As you think of them you will think of yourself. Never forget this, for in them you will find yourself or lose yourself’*

Cited in – ‘Yesterday I cried’

It’s a Jungle Out There, by Bev Palmer

---

A person with understanding does not know and judge as one who stands apart and unaffected; but rather as one united by a specific bond with the other, he/she thinks with the other and undergoes the situation with them.

Gadamer 1979

'Truth & Method

Cited in: 'It's a Jungle out There" by Bev Palmer.

---

CHILDHOOD FRIENDS

KEEP LOOKING AT BANDAGED PLACE.  
THAT'S WHERE THE LIGHT ENTERS  
YOU.

Elisha Goldstein

Cited in Keeping Your Soul Alive

---



# RUMI

THE WAY TO EMOTIONAL FREEDOM IS  
THROUGH 'BEING WITH' AND  
EMBRACING THAT WHICH IS PAINFUL OR  
DIFFICULT IN US, RATHER THAN,  
'TRYING TO FIX' PUSH AWAY OR RUN  
FROM IT.

---



What is the view from where you are?

What does it feel like to be in that place?

What are your hopes from this place?

What strategies did you use previously to help you in difficulties?





Like branches on a tree  
We grow in different directions  
But our roots remain as one

Irish Blessing and Quotes



The Greatest good you can do for another  
Is not just to share your riches but  
To reveal to him/her their own.

Benjamin Disraeli

---

