

Making Connections, Ashford
Friday 8 March 2019

10:00 - 10:30	Registration
10:30 - 10:45	Welcome Andrew Kinder - BACP Trustee
10:45 - 11:30	Making the contract meaningful: the elephant in the room - Heather Dale As a counsellor, you will know what a contract is, but how many of you really consider the implications for therapists as well as clients? Poor contracting can and does lead to a rupture of the therapeutic alliance. In this session, Heather will review the issues involved in good contract-making. Heather will also explain five factors that need considering when making a contract, what a contract is and discuss some of the essential issues. Other areas that you will be looking at are some of the pitfalls involved in contract making and in not adhering to it once it has been made. Vignettes will be used throughout to illustrate the points.
11:30 - 12:15	Trans awareness: the basics - Lee Gale This session will explore the current context for trans people's experiences as well as looking at the need within therapy and counselling to support and work alongside trans, gender diverse and questioning people. The session aims to give some background and context to trans people's experiences, understanding barriers that trans people may face. We will then explore inclusive processes and give information that will enable practitioners to continue reflecting on their own practice. There will be an opportunity for discussion and questions at the end of the session.
12:15 - 13:15	Light Lunch
13:15 - 13:35	Introduction to the new Conduct Procedure - Katie Flavell and Kim Bates BACP has recently introduced a new Professional Conduct Procedure. The new procedure has been developed to help streamline the process and introduces other possible resolutions to complaints at an earlier stage. This presentation aims to outline the changes and help you understand what we do when complaints are made. By the end of this presentation, we hope you will see that BACP are dedicated to ensuring our procedures strike the right balance between public interest and fairness to our members.

13:35 - 14:05	<p>Local member two-minute platforms -</p> <ol style="list-style-type: none"> 1. Anna Honeysett - How to set up a successful counselling practice 2. Pam Ludlow - Getting involved 3. Rhiannon Hill - Process Matters 4. Jo Holmes - BACP's Children, Young People and Families Lead 5. Pip Weitz - Providing the evidence for the efficacy on online therapy using CORE-Net: safeguarding client satisfaction and making therapists more employable 6. Katie Newman - Information about the CPD Hub 7. Elaine Rose - A snap shot of work with adopted children and young people 8. Jeremy Bacon - BACP's Older People Lead 9. Theresa Hammond - BELIVE (Befriending Empowers Lives, Improves mental health by Valuing Everyone) 10. Julia Cozens - Transpersonal and multi-faith network and discussion group
14:05 - 15:00	<p>Introduction of 'Connecting together'</p> <p>Connecting together</p> <p>The room will be divided into different areas of interest, by table, to offer the opportunity for more focused and structured networking. Delegates are encouraged to move around the room and engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests. If your area of interest is not represented, there will be the opportunity to add a new table.</p>
14.30 - 15.00	<p>Refreshments will be available during this time</p>
15:00 - 16:00	<p>Recognising and responding to domestic abuse in cases referred for counselling and psychotherapy - Dr Chris Newman</p> <p>The session aims to help counsellors and therapists recognise when clients may be using violence and or abuse in their relationships and how to respond to this in a safe and containing way. This includes ways of screening for domestic abuse, differences between anger management and domestic abuse interventions, working within competency, and considering potential dilemmas around safeguarding and confidentiality.</p>
16:00	<p>Event close and refreshments</p>