

Making Connections Norwich

Thursday 2 May 2019

10.00am - 10.30am	Registration
10.30am - 10:45am	Welcome
10.45am - 11.30am	<p>Specialist counselling for female survivors of sexual violence and specialist training for counsellors/psychotherapists? - Laura Joanknecht</p> <p>This presentation is based on the work that RASASC have been doing over the last 30 years supporting female survivors of sexual violence. It is a short awareness raising presentation which invites the audience to test their knowledge on sexual violence and brings together some facts about rape and sexual abuse, challenges societal myths and introduces the model of therapy written by RASASC: The Empowerment Model.</p>
11.30am - 12.15pm	<p>Danuta Lipinska - Counselling Older Adults - The Best is Yet to Come</p> <p>Counselling older women and men was not a career path that I chose, but one that has chosen me. I am delighted to have the opportunity to share with you the challenges and the surprises, the profoundly engaging and humanly enriching experience it has been and continues to be. The learning and personal development were unexpected consequences. At a time where the BACP is fully engaged with its Older People's Strategy, and role models for enthusiastic ageing are expanding, we can share and develop a new paradigm for counselling relationships with the 21st century client.</p>
12.15pm - 13.00pm	Light lunch
1.00pm - 1.25pm	Making research work for you - Jo Pybis

	<p>Research isn't always something that you think of when you embark on your journey to become a counsellor. And it isn't something many counsellors think about or engage with routinely in their practice. So why does BACP have a research team and what do they do? Our role is to make research work for you. In this presentation we talk about how we use our knowledge, skills and expertise to conduct, commission, facilitate and promote relevant, impactful research to benefit our members and clients and to enhance the credibility of the counselling professions. We will explain what we do, why we do it and how it benefits you and your clients.</p>
--	---

1.25pm - 2.10pm	<p>Local member two-minute platforms</p> <ol style="list-style-type: none"> 1. Male Psychology and mental health - Jennie Knight 2. Wellola - Sonia Neary 3. SCoPED - Fiona Ballantine Dykes 4. Find a therapist - Richard Smith 5. Policy - Kris Ambler
-----------------	---

2.10pm - 2.15pm	Introduction of 'Connecting together'
2.15pm - 3.00pm	<p>Connecting together</p> <p>The room will be divided into different areas of interest, for more focused and structured networking. You'll be encouraged to move around the room and engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests. You'll be able to add a new area of interest if yours isn't represented.</p>

2.30pm - 3.00pm	Refreshments
------------------------	---------------------

3.00pm - 4.00pm	<p>Libby Watson - Unplanned Endings</p> <p>Endings are inevitable in life and in therapy. Ending therapy, as with any ending, can bring up feelings and reactions associated with past experiences of endings and loss- those of the client as well as the therapist. This talk aims to explore unplanned endings in therapy; we will look at reasons why a client may terminate therapy early without reason, as well as circumstances when the therapist may need to end therapy prematurely. We will look at ways to prepare for endings during therapy, understanding the client as an important yet neglected 'common factor' in therapy, and consider how unplanned endings may affect and be managed by the therapist.</p>
-----------------	--

4:00pm	Event close
---------------	--------------------